

## IDI Guide- Field Facilitators

UNICEF India, Behavioural Monitoring of Menstrual Health in UP, Bihar and Jharkhand

### SECTION 1: BACKGROUND INFORMATION

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO
101	Name of the State jkT; dk uke	Bihar/ fcgkj	1
		Jharkhand/>kM+[kaM+	2
		Uttar Pradesh/ mRrj izns'k	3
102	Name of the District ftys dk uke	Nalanda/ ukyank	1
		Vaishali/ oS'kkyh	2
		East Singbhum/ iwohZ flagHkwe	3
		Gumla/ xqeyk	4
		Jaunpur/ tkSuiqj	5
		Mirzapur/ fetkZiqj	6
		Sonbhadra/ lksuHknz	7
103	Name of the Block CykWd dk uke	RECORD NAME AND CODE <input style="width: 50px;" type="text"/>	
104	Name of the Village Xkk;o dk uke		
<b>105-106</b>			

### SECTION 2: PROFILE

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO
<b>201-202</b>			
203	Till which standard have you completed your education? vkusfdl Lrj rd f'k{kk izklr dh gSa\	<input style="width: 40px; height: 20px;" type="text"/>	
		Illiterate/ vf'kf{kr	00
		Never attended formal school/ dHkh vkSipkfjd Ldwy ugha xbZ	98
<b>204</b>			
205	Which religion do you follow? vki dkSu lk /keZ ekurs gSa\	Hindu / fgUnw	1
		Muslim / eqfLye	2
		Sikh/ fl{k	3
		Christian/ bZlkbZ	4
		Jain/ tSu	5
		Buddhist/Neo-Buddhist / ckS)@fu;ks ckS)	6
		No Religion / dksbZ /keZ ughaa	7
206	Caste or tribe? tkfr ;k tutkfr	WRITE CASTE/tkfr fy[ksa _____ CODE	
		General caste/ lkekU; tkfr	1
		Scheduled Caste/ vuqlwfpr tkfr	2
		Scheduled Tribe / vuqlwfpr tutkfr	3

		Other Backward Caste/vU; fiNMk oxZ	4	
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Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO
207	What is your age? vki dh mez fdruh gS\ Enter in years lky esa fy[ksa	<input type="text"/>	
<b>208-220</b>			
221	How long have you been working as an FF in this village? vki bl xkao esa fdruh yacs le; ls ,dff ds :i esa dke dj jgs gSa \ Enter in years lky esa fy[ksa	<input type="text"/>	
222	Overall, since how many years have you been working as a FF? dqy feykdj vki FF ds :i esa fdruh lkyksa ls dke dj jgs gSa\ Enter in years lky esa fy[ksa	<input type="text"/>	

### SECTION 3: INVOLVEMENT IN THE INTERVENTION/dk;Zdze esa Hkkxhnkjh

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO
301	Can you name the program in your village which works on Menstrual health & hygiene issues? vkids xkao esa ekgokjh@mc ls lacf/kr tks ifj;kstuk py jgh gSa mldk uke D;k gSa\ Any other (specify)/vU; fy[ksa	Pyarhi (Bihar)/l;kjh ¼fcgkj½	1
		Mahima (Jharkhand)/efgek ¼>kj[kaM+½	2
		Garima Pariyojna (UP)/ (xfjek ifj;kstuk ¼mRRkj izns'k½	3
		Paheli ki sahari/igsyh dh lgsyh	4
		Amma ji kehti/vEek th dgrh gS	5
		Named a different Program/ fdlh vkSj dk;Zdze dk uke crk;k	6
		Adolescent Girls group/fd'kksjh lewg	7
		Parents Group/ekrk@firk dk lewg	8
		Could not recall;/kn ugha dj ik,	55
<b>302- 307</b>			
308	To what extent is the venue comfortable? Would you say to a great extent, to some extent or not at all? / lewg dh cSBdksa dh txg fdl gn rd vkjkenk;d gS\ D;k vki dgksksa dkQh gn rd] dqN	To a great extent/dkQh gn rd	1
		To some extent/dqN gn rd	2
		Not at all/fcYdqy Hkh ugha	3



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	gn rd ;k fcYdqy Hkh ugha\		
<b>309</b>			

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Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO
310	Where are group meetings held? lewg dh cSBdsa dgk; gksrh gS\	Aaganwadi center/ vkaxuokMh dsaUnz	1
		Panchayat/iapk;r Hkou	2
		School /Ldqy	3
		Open space/[kqyh txg ij	
		House/?kj	5
		Community center/lkeqnf;d Hkou	6
		Any other (specify)/vU; fy[ksa	
311	What is the duration of the group meetings you help facilitate? tkS lkewfgd cSBd vki djkus esa enn djrs gS mldh vof/k D;k gS\	>1 hour/1 ?kaVs ls T;knk	1
		1 hour/1 ?kaVk	2
		<1 hour/ 1 ?kaVs ls de	3
		It varies/ cnyrk jgrk gS	4
		Don't know/ irk ugha	88
312	Kindly tell me the sequence of activities that take place in one group Meeting starting from the beginning to the end? d`l;k mu izfdz;kvksa dks dze vuqlkj cksys tks ,d leqg cSBd ds `kq: ls leklr gksus rd gksrh gS\	Welcomes/ Lokxr djuk	
		Introduction of topics/ fo”k;ksa dh lwpuK	
		Sharing agenda/ cSBd dh lwph dks crkuk	
		Discussing key points of last meetings/ fiNys cSBd ds eq[; lans’kks dh ppkZ	
		Activities on topics/ fo”k;ksa ls tqMh xfrfof/k;ka	
		Discussion on topics/ fo”k;ksa ls tqMh ppkZ	
		Question answer session/ loky tokc l=	
		Showing Ammaji videos/ vEek th fofM;ks ns[kuk	
		Reading Paheli ki saheli/ igSyh dh IgSyh i<+uk	
		Watch Paheli ki Saheli film/ igSyh dh IgSyh fQYe ns[kuk	
		Watch Paheli ki Saheli in Mobile/ eksckbZy ij igSyh dh IgSyh ns[kuk	
		Showing other materials/ vU; lkexzh fn[kkuk	
		Life skill activities/ thou dkS’ky xfrfof/k;kj	
		Fill up her dairy/ viuh Mk;jh Hkjuk	
		Vocational training/O;kolkf;d izf’k{k.k	
Fix the date for the next meeting/ vxyh cSBd dh rkjh[k r; djuk			
Fix the agenda for the next meeting/ vxyh cSBd dh lwph r; djuk			

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		Records meeting minutes/ cSBd ds feuV dks fjdkWM djuk		
		Any other (specify)/vU; fy[ksa		
<b>312A</b>				

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GOTO
313	What materials are used at these meetings? bu cSBdksa ds nkSjku dkSu lh lkexzh dk bLrseky gksrk gSa\	Paheli ki Saheli film /igsyh dh lgsyh fQYe	1	
		Paheli ki Saheli book/ igsyh dh lgsyh fdrkc	2	
		Ammaji kehti hai videos/ vEek th dgrh gS fofM;ksa	3	
		Apron/rgcan	4	
		Any other (specify)/vU; fy[ksa		
314	Who facilitates the meetings? cSBd dkSu djokrs gS\  <b>Multiple response</b> <b>,d ls vf/kd mRrj IEHko</b>	Field Facilitator/FF nhnh	1	
		PE/fi;j ,twdsVj	2	
		AWW/vkxauokM+h dk;ZdrkZ	3	
		ASHA/vk'kk	4	
		Any other (specify)/vU; fy[ksa		
<b>315-316</b>				
317	On a scale of 1-5, with 1 being 'don't like at all' and 5 is 'like', how much do you like or dislike attending the meeting? 1 ls 5 fd Ldsy ij crk;sa ftlesa <b>1 gSa 'fcYdqy ukilan' vkSj 5 'cgqr vf/kd ilan'</b> , fdvki dks bu cSBdksa esa tkuk fdruk ilan vk;k ;k fdruk ukialn vkrk gS\	Don't like at all/fcYdqy ukilan	1	
		Don't like/ukilan	2	
		Neither likes nor dislikes/uk ilan vkSj uk ukilan	3	
		Like/ilan	4	
		Like a lot/ cgqr vf/kd ilan	5	
318	What parts of these meetings do you like the most? bu cSBdksa ds dkSu ls Hkkx vkidks lcls T;knk ilan gSa\  <b>Multiple response</b> <b>,d ls vf/kd mRrj IEHko</b>	Discussion/ppkZ	1	
		Watch Paheli ki Saheli film/ igsyh dh lgsyh fQYe ns[kuk	2	
		Watch Paheli ki Saheli in Mobile/ eksckbZy ij igsyh dh lgsyh ns[kuk	3	
		Reading the Paheli ki sahel book/ igsyh dh lgsyh fdrkc i<+uk	4	
		Life skill activities/thou dkS'ky xfrfof/k;kj	5	
		Setting agenda for next meeting/ vxyh cSBd ds fy, dk;Z lwph cukuk	6	
		Fill up her dairy/viuh Mk;jh Hkjuk	7	

		Vocational training/O;kolkf;d izf'k{k.k	8	
		Can't recall/;kn ugha	55	
		Any other (specify)/vU; fy[ksa		
318A	What parts of these meetings do you like the least? bu cSBdksa dsa dkSu ls Hkkx vkidks lcls de ilUn gS\	Discussion/ppkZ	1	
		Watch Paheli ki Saheli film/ igsyh dh lgsyh fQYe ns[kuk	2	
		Watch Paheli ki Saheli on mobile/ eksckbZy ij igsyh dh lgsyh ns[kuk	3	
		Reading the Paheli ki saheli book/ igsyh dh lgsyh fdrkc i<+uk	4	
		Life skill activities/thou dkS'ky xfrfof/k;kj	5	
		Setting agenda for next meeting/ vxyh cSBd ds fy, dk;Z lwph cukuk	6	
		Fill up her diary/viuh Mk;jh Hkjuk	7	
		Vocational training/O;kolkf;d izf'k{k.k	8	
		Can't recall/;kn ugha	55	

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GOTO		
324	Have you attended any orientations/trainings for this program? D;k vkus bl dk;Zdze esa ;k ,sls fdlh izf'k{k.k@l= esa Hkkx fy;k gS\	Yes/gka	1	325		
		No/ ugha	2	327		
		Don't Remember/ ;kn ugha	55			
325	How many orientations/trainings have you attended so far?/ vkus fdrus dk;Zdze ;k izf'k{k.k@l= esa Hkkx fy;k gS\	<table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>				
326	What was discussed at these orientations/training? bu izf'k{k.k@l= esa fdl fo"k; ij ppkZ gqbZ Fkh\	What menstruation is/ ekgokjh/MC D;k gS	1			
		What changes menstruation brings/ ekgokjh/MC esa D;k cnyko vkrs gS	2			
		What problems adolescent girls face/ fd'kksjh yMfd;ksa dks fdu&fdu leL;kvksa dk lkeuk djuk iMrk gS	3			
		How to maintain hygiene during menstruation/ ekgokjh/MC ds nkSjku LoPNrk dSlS cuk;s j[kuk gS	4			
		Disposal of used cloths/napkins/ bLrseky fd;s gq;s diMs ;k iSM dk fuiVko djuk	5			
		Myths and misconceptions about menstruation/ ekgokjh/MC ls tqMh xyr /kkj.kk;sa	6			
327	What role are you playing in this program? vki bl dk;Zdze esa D;k	Facilitate AGG Sessions/ fd'kksjh ckfydk lewg l= dk lapkyu djuk	1			

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Hkwfedk fuHkk jgs gks\	Facilitative MG Sessions/ ekrk lewg l= dk lapkyu djuk	2
	Facilitate Fathers/Boys Group Session/ firK ;k yMdks ds lewg l= dk lapkyu djuk	3
	Provide advice to girls on menstruation/ ekgokjh/MC ds fo”k; ij fd’kksjh;ksa dks jk; nsuk	4
	Provide advice to girls on issues related to menstruation (nutrition. Wash)/ iks”k.k vkSj LoPNrk ds fo”k; ij fd’kksjh;ksa dks jk; nsuk	5
	Attend Meetings/ cSBdksa esa Hkkx ysuk	6
	Participant/ Hkkxhknkj	7
	Co-facilitator/ lg lapkyd	8
	Don’t Know/ irk ugha	7
	Any other (specify)/vU; fy[ksa	

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Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES					GOTO
		Completely Comfortable <b>iw.kZ :lk ls lgt</b>	Comfortable <b>lgt</b>	Neither Comfortable nor uncomfortable <b>uk Lkgt uk vlgt</b>	Uncomfortable <b>vlgt</b>	Not at all Comfortable <b>iw.kZ :lk ls vlgt</b>	
513B (331)	On a Scale of 1-5, with 5 being 'completely' and 1 being 'not at all', please tell me how comfortable or not comfortable you feel discussing the following topics with adolescent girls? / 1 ls 5 fd Ldsy ij crk;sa ftles 5 dk eryc iw.kZ :lk ls lgt vkSj 1 dk eryc iw.kZ :lk ls vlgt fd vki bu fuEufyf[kr fo”k;ksa ij fd’kksjh yMfd;ksa ls ckr djus esa vius vki dks fdruk lgt ;k vlgt eglwl djrs gSa\						
1	Where to get absorbents/ lks[kus okyk diM+k@iSM dgka feyrk gS	5	4	3	2	1	
2	How to use absorbents/ lks[kus okys diM+s@iSM dks dSlS bLrseky djuk gSa	5	4	3	2	1	
3	How to dispose absorbents/ lks[kus okyk diM+s@iSM dks dSlS fuiVk,sa	5	4	3	2	1	
4	Dry the absorbent in the <b>sun to kill germs</b> after washing with soap/lks[kus okys diM+s dks lkcu ls /kksus ds ckn ckj /kqi es lq[kkdj fdVk.kq dks [kRe djuk	5	4	3	2	1	
5	Negotiating for iron rich foods during menstruation/ekgokjh@mc ds nkSjku vk;ju ;qDr Hkkstu ds fy, ckrphr	5	4	3	2	1	
6	Negotiating for toilet/or private place to bathe and change during menstruation/ ekgokjh @mc ds nkSjku ugkus vkSj diMk@ iSM cnyus ds fy, 'kkSpky; ;k futh txg ds fy, ckrphr	5	4	3	2	1	
<b>332-334</b>							
<b>323</b>	<b>GO TO HARD COPY/dkxt+ iz’ui= ij tk,a</b>						

**SECTION 4: I AM**

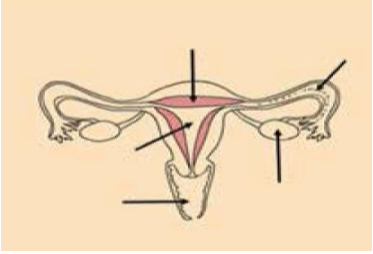
**SECTION 5: MENSTRUATION/ekgokjh @mc – (501) HARD COPY**

<b>502</b>	
503	Can you show the <b>external</b> physical changes that take place in a girl during puberty/growing up years on this body map? <b>Show Growth Map/ bl fp= dks ns[k dj crk;sadh ,d yMdh tc cM+h gksrh gSa rks muesa D;k ckjgh</b>



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	cnyko vkrs gS\	
	<b>Multiple response /,d ls vf/kd mRrj IEHko</b>	<b>Code</b>
A	Growth of breasts/ Lruksa dk fodkl	1
B	Broadening of hips/ dwYgksa dk pkSM+k gksuk	2
C	Growth spurt where girls grow taller/ yEckbZ esa rsth ls o`f} gksuk	3
D	Growing of hair in arm-pits/ gkFk dscxy es cky fudyuk	4
E	Growing of hair in pubic area/tka?kksa ds vanj dh txg ij cky vkuk	5
F	Beginning of the Menstrual Cycle/ ekgokjh@mc dh 'kq:okr gksuk	6
G	Acne /eqgkls gksuk	7
H	Don't know/irk ugha	88

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES				GOTO
504	Can you show the <b>internal</b> changes that take place in a girl after menstruation? <b>Show ReproductiveMap</b> D;k vki <b>vkarfjd cnykoxsa</b> dks crk ldrs gSa tks ,d yM+dh esa ekgokjh@mc ds ckn gksrs gSa\ ¼ <b>vkarfjd vaxks dk fPk= fn[kk,½</b>	<b>Multiple response, d ls vf/kd mRrj IEHko</b>				<b>Code</b>
A	Development of ovaries/ v.Mk'k; dk fodkl gksuk					1
B	Growth in fat tissue/ pchZ dh dksf'kdkvksa dk c<+uk					2
C	Ovulation / v.Ms cuus dh izfdz;k					3
D	Egg drifts down to the uterus from fallopian tube v.Mokfguh ls vaMksa dk uhps cPpsnkuh dh rjQ vkuk					4
E	Uterus lining thickens/ cPpsnkuh dh vUn:uh ijr dk eksVk gksuk					5
F	Increase amount of estrogen/ ,LV <sup>a</sup> kstu ¼efgyk gkeksZu½ dh ek=k esa o`f)					6
G	Don't know/irk ugha					88
505	Can you name the body parts on this diagram? bl fp= esa fpfUgr vkarfjd vaxks dk uke crk;saA <b>(SHOW MAP)(fp= fn[kk;sa)</b>	Parts/ 'kjhj dk vax	Named tks lgh crk;k	Described fooj.k fn;k	Did not know ugha irk	
		Ovaries/ chtnkuh@v. Mk'k;				
		Uterus/ cPpsnkuh @xHkZ'kk;				
		Fallopian Tube- ukfydk				
		Endometrium/ [kwu dh ijr				
		Vagina;/ksfu				
506	Can you show us in the map where does menstrual blood come from? ekgokjh@mc dk [kwu dgk; ls vkrk gS D;k vki bl fp= esa fn[kk ldrs gSa\	Able to show/ fn[kk ik;sa				1
		Hesitated/ fgpfdkbZ				2
		Take time to answer/crkus esa le; fy;k				3
		Did not know/ugha irk				4

524FF, 507

508	How do adolescent girls track their menstrual period? fd'kksjh yMfd;ksa dks dSls irk pyrK gS fd mudh ekgokjh@MC 'kq: gksus okyh gS\ <b>Multiple response</b> <b>,d ls vf/kd mRrj IEHko</b>	Do not track/fglkc ugha j[krs	1	
		Paheli ki Saheli 'kangan'/ igsyh dh lgsyh daxu ls	2	
		By Calendar/dysUMj ls	3	
		Any other (specify)/vU; fy[ksa		

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511	How do adolescent girls dispose of their menstrual absorbent? fd'kksjh yMfd;ka bLrseky fd;s x;s iSM@diMsdK fuiVko dSls djrh gSa\ <b>Multiple response</b> <b>,d ls vf/kd mRrj IEHko</b>	Bury it in the soil in the field [ksr esa feVVh esa nck nsrha gSa	1	
		Throw it in the bush/>kfM+;ksa esa Qsd nsrha gSa	2	
		Burn the absorbent/tyk nsrha gSa	3	
		Hide under a stone/iRFkj ds uhps fNik nsrha gS	4	
		Store and then take it to the school toilet incinerator/laHkky dj j[krs gSa vkSj fQj Ldwy ds 'kkSpky; dh Hkêh esa Mky nsrs gSa	5	
		Dustbin or garbage lot/ dwMsnku esa	6	
		Bury in a Pit/xM<s es xkM nsrha gSaa	7	
		Pond water /rykc	8	
		Gutter/ ukyh	9	
		Any other (specify)/vU; fy[ksa		

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO	GOTO
512	How do adolescent girls manage pain and discomfort during menstruation?/ fd'kksjh yMfd;ka ekgokjh@MC ds nkSjku gksus okys nnZ vkSj rdyhQ ls dSls fuiVrh gSa\ <b>Multiple response</b> <b>,d ls vf/kd mRrj IEHko</b>	Take a pain killer/ nnZ dh xksyh ysrh gS	1	
		Take hot compress/ xeZ lsd djrh gSa	2	
		Drink warm liquid/ xeZ rjy inkFkZ ihrh gSa	3	
		Bathe in warm water/ xqu&xqus ikuh ls ugkrh gSa	4	
		Rest for a while/ FkksMh nsj ds fy, vkjke djrh gSa	5	
		Meditate/ /;ku djrh gSa	6	
		Take iron rich food/vk;ju ls Hkjiwj [kkuk ysrh gSa	7	
		Do light Exercise/ gYdh dljr djrh gSa	8	
		Go to ANM/ Doctor/ ANM/ Doctor ds ikl tkrh gSa	9	
		Go to ASHA/AWW /ASHA/AWW ds ikl tkrh	10	

		gSa		
		Quack/Traditional Healer/vks>k@oS/k	11	
		No Pain/nnZ ugha gksrk	12	
		Do nothing/ dqN ugha djrs	77	
		Any other (specify)/vU; fy[ksa		
513	How do adolescent girls store their absorbent?/fd'kksjh yMfd;ka lks[kus dk iSM@diM+k dSls j][krh gSa\  <b>Multiple response ,d ls vf/kd mRrj IEHko</b>	Store the cloth in a hidden or concealed place diMk@ iSM Nqik dj ;k xqlr txg j][kuk	1	
		Store the washed menstrual cloth along with other clothes of daiy wear/ ekgokjh@mc ds diM+s dks vU; jkst iguus okys diM+ksa ds lkFk j][krh gS	2	
		Bag/ cSx esa	3	
		Any other (specify)/vU; fy[ksa		
523	<p>A.How do you help adolescent girls <b>immediately before, during and after menstruation?</b> <b>vki fd'kksjh yMfd;ksa dks ekgokjh@mc 'kq: gksus ds rqjUr lkgys ls leklr gksus rd dSls lg;ksx djrs gSa\</b></p> <p>B.What are some of the things that you wish you did <b>immediately before, during and after menstruation but you do not?</b> / <b>vki fd'kksjh yMfd;ksa dh ekgokjh@mc 'kq: gksus ds rqjUr lkgys ls leklr gksus rd vki oks D;k&amp;D;k lg;ksx ugha djrs gSa tks vki pkgrs gSa fd vki djsa\</b></p>			
		<b>You do / djrs gS</b>	<b>You wish you did /vki pkgrs gSa fd vki djs</b>	
	Procures absorbent/diM+s ;k iSM dk bartke	1	1	
	Helps with storing/diM+s ;k iSM ds j][k&j][kko es lg;kssx	2	2	
	Adequate nutrition/i;kZlr iks" k.k	3	3	
	Disposing absorbent/diM+s ;k iSM ds fuiVko es lg;ksx	4	4	
	Reducing household chores/?kj ds dkedkt dks de djuk	5	5	
	Managing pain and discomfort/nnZ vkSj rdyhQ dks de djus es enn	6	6	
	Arranging for private place for change/ iSM ;k diMs cnyus ds fy, futh txg dk bUrtke	7	7	
	Not imposing restrictions for travel/ dgha vkus tkus esa jksd Vksd ugha djuk	8	8	
	Explaining things/le>kuk	9	9	
	Not Imposing Food restrictions/[kku&iku ls tqMs izfrca/k uk yxkuk	10	10	
	Not imposing religious restrictions//kkfeZd izfrca/k uk yxkuk	11	11	

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	Ask to maintain Hygiene/lkQ&lQkbZ j[kus ds fy, cksyuk	12	12	
	Nothing/dqN ugha	13	13	

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### SECTION 3: INVOLVEMENT IN THE INTERVENTION

#### HARD COPY AFTER 323 IN TABS

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO
336	What changes have you noticed in adolescent girls as a result of attending the meetings? bu cSBdksa esa Hkkx ysus ds ckn fd'kksjh yMfd;kss esa vkus D;k&D;k ifjorZu ns[kk gS\		
337	What changes have you noticed in mothers as a result of attending the meetings? bu cSBdksa esa Hkkx ysus ds ckn ekrkvkass esa vkus D;k&D;k ifjorZu ns[kk gS\		
338	What changes have you noticed in fathers as a result of attending the meetings? bu cSBdksa esa Hkkx ysus ds ckn firkvkass esa vkus D;k&D;k ifjorZu ns[kk gS\		

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES			GOTO
334A	(1)Of the following elements of the meeting, which ones would you like to change? vHkh ge vkidks dqN fodYi i<+dj lquk,xsa ÑI;k vki gesa crk,sa fd vki bu cSBdksa esa D;k&D;k cnyko pkgxsxa\ (2)IF YES, what would the change be? vxj gka rks D;k cnyko pkgxsxa				
	Please Read Out Loud/lk<dj crk,	Y	N	What is the change?;fn gka rks D;k cnyko	
1	Venue/ txg	1	2	1	
2	Timing/ le;	1	2	2	
3	Activities (pre-session)/ cSBd ls igys tks gksrk gS	1	2	3	
4	Activities (during session)/ cSBd ds nksjku tks gksrk gSa	1	2	4	
5	Activities (post-session)/ cSBd leklr gksus ls igys tks gksrk gS	1	2	5	
6	Actions to be taken between sessions/nks cSBdksa ds chp esa djus ds fy, fn, x, dk;Z	1	2	6	
7	Information on time and location of next session/ vxys cSBd dk le;] txg dh tkudkj esa cnyko	1	2	7	

**SECTION 4: I AM**

**SECTION 5: MENSTRUATION/ekgokjh@MC – HARD COPY**

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES			GOTO
501	Now we are going to talk about menstruation. Tell me the first 5 things that come to your mind when I say “Menstruation is.../ vc ge ekgokjh@MC ds ckjs esa ckr djus tk jgs gSaA eq>s crk;sa dh ;fn eSa dgqj “ekgokjh@MC gS.... rks vkids fnekx esa igyh ikap ckrs D;k vkrh gSa\ 1 2 3 4 5				
<b>502</b>					
<b>BACK TO TAB</b>					
509	What type of menstruation absorbent do adolescent girls use?	New cotton cloth everytime I change gj ckj diM+k cnyus ds oDr u;k			1 <b>510</b>

<p>fd'kksjh yMfd;ka ekgokjh@mc dks lks[kus ds fy, D;k bLrseky djrh gSa\  Multiple response <b>,d ls vf/kd mRrj IEHko</b></p>		lwrh diM+k		
	Old cotton cloth/ iqjkuk lwrh diM+k	2	509B,C, D	
	Any other synthetic cloth/ dksbZ vkSj flaFksfVd diM+k	3		
	Sanitary Napkin/ Pad/ ISfuVjh uSidhu@IkSM	4	509A	
Any other Specify/vU; dksbZ Li"V.....				

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO	
509A	What type of sanitary napkins do adolescent girls use? Reusable/disposable? vki fdl rjg ds ISfuVjh uSidhu@IkSM bLrseky djrs gSa\ nksckjk bLrseky gksus okyh/ vke ISfuVjh uSidhu@IkSM	Reusable Sanitary Napkin/ Pad nksckjk bLrseky gksus okyh ISfuVjh uSidhu@IkSM	1	510
		Disposable sanitary/ napkin/pad vke ISfuVjh uSidhu@IkSM	2	
509 B	How do adolescent girls wash their menstrual cloth? vki ekgokjh dk diM+k dSls /kksrs gSa\	Water only/flQZ ikuh ls	1	
		Soap and water/lkcqu vkSj ikuh ls	2	
		Any other disinfectant after washing with soap and water/lkcqu vkSj ikuh ls /kksus ds ckn fdlh vkSj dhVuk'kd ls	3	
		Any other (specify)/vU; fy[ksa		
509 C	Where do adolescent girls dry their menstrual cloth? fd'kksjh yMfd;ka ekgokjh@mc dk diMk dgka lq[kkrh gS? Multiple response <b>,d ls vf/kd mRrj IEHko</b>	In the shade outside/ ckgj Nk;o esa	1	
		In the shade inside/ vanj Nk;o esa	2	
		In the sunlight outside/ ckgj /kqi esa	3	
		Hidden under other clothes/ nqljs diM+ks ds chp Nqikdj	4	
		Any other Specify/ vU; fy[ksasa		
509D	How often do adolescent girls dispose off their used menstrual cloth? / fd'kksjh yMfd;k bLrseky fd, gq, ekgokjh ds diMs dks iwjh rjg ls dc fuiVkrh gS\	Daily/jkst	1	
		Weekly/lIrkG	2	
		Every month/ gj eghus	3	
		Every 2 months/ gj nks eghus es	4	
		Every 3 months/ gj rhu eghus es	5	
		>=4 months/ 4 eghus ;k ml ls T;knk	6	
		Don't know/irk ugha	88	
510	Where do adolescent girls get their menstrual absorbents?/	Shop/nqdku	1	
		House/?kj	2	

	fd'kksjh yMfd;ka ekgokjh@mc lks[kus dk iSM@diMk dgka ls ykrh gSa\ Multiple response ,d ls vf/kd mRrj IEHko	Tailor/nthZ	3	
<b>BACK TO TAB</b>				
<b>515-518</b>				
<b>519</b>	Now we are going to ask you about the things that adolescent girls would do differently during their menstruation /VC ge vkidks mu phtksa ds ckjs esa iwNus tk jgs gSa tks fd'kksjh yMfd;ka ekgokjh@mc ds nkSjku vyx ls djrh gSA What clothes do adolescent girls not wear during menstruation?/ ekgokjh@mc ds nkSjku fd'kksjh yMfd;ka dkSu ls diM+s ugha igurh	<b>WHY?/D;ksa</b>		
A				
B				
C				
D				
E				
<b>Q.NO</b>	<b>QUESTIONS AND FILTER</b>	<b>CODING CATEGORIES</b>		<b>GOTO</b>
<b>520</b>	What foods do adolescent girls not eat during menstruation /ekgokjh@mc ds nkSjku fd'kksjh yMfd;k D;k [kkuk ugha [kkrh	<b>WHY?/D;ksa</b>		
A				
B				
C				
D				
E				
<b>521</b>	What places do adolescent girls not go to during menstruation?/ ekgokjh@mc ds nkSjku fd'kksjh yMfd;ka fdu txgksa ij ugha tkrh	<b>WHY?/D;ksa</b>		
A				
B				
C				



D			
E			
522	<p>What social/religious activities do adolescent girls not do during menstruation?</p> <p><b>ekgokjh @MC ds</b> <b>nkSjku fd'kksjh</b> <b>yMfd;ka dkSu ls</b> <b>lekftd @/kkfeZd dke</b> <b>ugha djrh\</b></p>	<b>WHY?/D;ksa</b>	
A			
B			
C			
D			
E			
522	<p>Are there any other things you do not do during menstruation?</p> <p><b>D;k dksbZ vkSj Hkh</b> <b>dke gS tks vki</b> <b>ekgokjh @MC ds</b> <b>nkSjku ugha djrh\</b></p>	<b>WHY?/D;ksa</b>	
A			
B			
C			
D			
E			

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
523 FF	<b>Have you discussed these topics with adolescent girls?</b> <b>D;k vkus fd'kksjh yMfd;ksa ds lkFk bu fo"rk;ksa ij ppkZ dh gS\</b>	Yes/ <b>gka=1</b>	No/ <b>ugh a=2</b>	
1	Where to get absorbents/ lks[kus okyk iSM@diMk dgka feyrk gS	1	2	
2	How to use absorbents/ lks[kus okys iSM@diMs dks dSIs bLrseky djrs gks\	1	2	
3	How to dispose absorbents/ lks[kus okyk iSM@diMs dk dSIs fuiVko djrs gS	1	2	
4	Dry the absorbent in the sun after washing with soap/ lks[kus okys diMs dks lkcqu ls /kksus ds ckn ckgj /kqi es lq[kkdj fdV.k.kq dks [kRe djuk gS	1	2	
5	Negotiating for iron rich foods during menstruation/ekgokjh@MC ds nkSjku vk;ju ;qDr Hkkstu ds fy, ckrphr	1	2	
6	Negotiating for toilet/or private place to bathe and change during menstruation/ekgokjh @ MC ds nkSjku ughkus vkSj diMk@ iSM cnyus ds fy, 'kkSpky; ;k futh txg ds fy, ckrphr	1	2	

**SECTION 6: SOCIAL NETWORK MAPPING/ lkekftd ekufp=.k**

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
601	<b>Please look at this map</b> and tell me who do you talk to about menstruation in the <b>family?</b> <b>bl fp= dks ns[k dj crk;sa fd vki ekgokjh@MC ds ckjs esa ifjokj esa ls fdu fdu ls ckr djrs gSa\</b>			
602	<b>Please look at this map</b> and tell me who do you talk to about menstruation among your <b>peers?</b> <b>bl fp= dks ns[k dj crk;sa fd vki ekgokjh@MC ds ckjs esa lkFk;ksa esa ls fdu fdu ls ckr djrs gSa\</b>			
603	<b>Please look at this map</b> and tell me who do you talk to about menstruation among <b>community members?</b> <b>bl fp= dks ns[k dj crk;sa fd vki</b>			

	ekgokjh@mc ds ckjs esa <b>leqnk</b> ; ds yksxksa esa ls fdu fdu ls ckr djrs gSa\			
610 FF	If adolescent girls aren't mentioned spontaneously then probe? ;fn Loa; ls fd'kksjh yMfd;k tokc uk vk;sssA <b>Tkkjps</b>	Adolescent girls fd'kksjh yMfd;ka	Yes/gk a	1
			No/ug ha	2

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO																
604	Who are people who act as allies (people you are comfortable talking to) on the topic of menstruation?/ og dkSu ls ykxg gS ftuls vki ekgokjh@mc ds ckjs esa <b>lgtrk ls ckr dj ldrs gSaA</b> Who are people who act as barriers (people you are uncomfortable talking to) on the topic of menstruation?/ og dkSu ls ykxg gS ftuls vki ekgokjh@mc ds ckjs esa <b>lgtrk ls ckr ugha dj ldrsA</b>																		
	<b>A. Allies (People you are comfortable talking to)/lg;ksxh ¼og ykxg ftuls vki lgtrk ls ckr dj ldrs gSaA½</b>	<b>B. Barriers (People you are uncomfortable talking to) /ck/kd ¼og ykxg ftuls vki lgtrk ls ckr ugha dj ldrs½</b>																	
A	Family ifjokj																		
B	Peers/ lkFkh																		
C	Community Members/ leqnk; ds ykxg																		
605	From all the individuals mentioned name one whom you turn to first to talk to? / vHkh vkius ftrus ykxksa ds ckjs esa crk;k muesa ls fduds ikl vki ckr djus ds fy, <b>lcls igys tkrs gSa\</b>																		
606	Who do you talk to if that person is unavailable? ;fn og O;fDr miyC/k uk gks rks ml ds cnys vki fdl ls ckr djrs gS\																		
607	Apart from people you do and could talk to, where else do you get information about menstruation? vki ftuls ckr djrs gSa muds NksMdj ekgokjh@mc ds ckjs esa vkidks vkSj dgka&dgka ls tkudkj feyrh gSa\	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: right;">Radio/ jsfM;ksa</td><td style="text-align: center;">1</td></tr> <tr><td style="text-align: right;">TV/ Vhoh</td><td style="text-align: center;">2</td></tr> <tr><td style="text-align: right;">Mobile phone/ eksckbZy Qksu</td><td style="text-align: center;">3</td></tr> <tr><td style="text-align: right;">Books / fdrkcsa</td><td style="text-align: center;">4</td></tr> <tr><td style="text-align: right;">Posters / iksLVj</td><td style="text-align: center;">5</td></tr> <tr><td style="text-align: right;">Street Play/uqDdM+ ukVd</td><td style="text-align: center;">6</td></tr> <tr><td style="text-align: right;">Nautanki/ ukSVadh</td><td style="text-align: center;">7</td></tr> <tr><td style="text-align: right;">Wall Painting/fnokj ys[ku</td><td style="text-align: center;">8</td></tr> </table>	Radio/ jsfM;ksa	1	TV/ Vhoh	2	Mobile phone/ eksckbZy Qksu	3	Books / fdrkcsa	4	Posters / iksLVj	5	Street Play/uqDdM+ ukVd	6	Nautanki/ ukSVadh	7	Wall Painting/fnokj ys[ku	8	
Radio/ jsfM;ksa	1																		
TV/ Vhoh	2																		
Mobile phone/ eksckbZy Qksu	3																		
Books / fdrkcsa	4																		
Posters / iksLVj	5																		
Street Play/uqDdM+ ukVd	6																		
Nautanki/ ukSVadh	7																		
Wall Painting/fnokj ys[ku	8																		

Unique ID 

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		AWC/ vkaxuokM+h dsUnz	9	
		Film/ fQYe	10	
		Newspaper/Magazine/v[kckj@if=dk	11	
		Any other Specify/ vU; fy[ksasa		

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Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES					GO TO
608	How often do you get the information from these? vki dks buls tkudkjh dc&dc feyrh gS\	Regularly/ fu;fer :lk ls					1
		Sometimes/ dHkh&dHkh					2
		Rarely/cgqr de					3
609	Among all the information sources that you have listed above, to what level do you trust these? (Ask only about the information sources mentioned above) vkids }kjk crk;s x;h lHkh tkudkjh ds lzksrksa es ls vki gj ij fdl gn rd fo'okl djrh gSa\ ¼dsoy mUgh tkudkjh ds lzksrksa ds ckjs esa iwNas tks Åij crk;s x;s gSa½	Very trustworthy cgqr fo'olu h;	Trustworthy fo'oluh ;	Neither T nor non-trustworthy fo'oluh ; gS vkSj ugha Hkh	Non Trustworthy vfo'oluh;	Very Non trustworthy fcYdqy vfo'oluh;	
1	Radio/ jsfM;ksa	5	4	3	2	1	
2	TV/ Vhoh	5	4	3	2	1	
3	Mobile phone/ eksckbZy Qksu	5	4	3	2	1	
4	Books / fdrkcsa	5	4	3	2	1	
5	Posters / iksLVj	5	4	3	2	1	
6	Street Play/uqDdM+ ukVd	5	4	3	2	1	
7	Nautanki/ ukSVadh	5	4	3	2	1	
8	Wall Painting/fnokj ys[ku	5	4	3	2	1	
9	AWC/ vkaxuokM+h dsUnz	5	4	3	2	1	
10	Film/ fQYe	5	4	3	2	1	
11	Newspaper/Magazine/v[kckj@if=dk	5	4	3	2	1	
12	Other: vU;	5	4	3	2	1	

### SECTION 7: SOCIAL NORM/lkekftd ekun.M+

Now I will ask you some questions about levels of approval and behaviours related to menstruation vc ge vkidks ekgokjh @mc ls tqM+s dqN okD; i<+dj lquk;sxsa d`l;k vki eq>s crk;sa dh vki bl okD; dks fdruk eatwjh nsrs gSa ;k ugh						
701	Approval Disapproval of Menstrual behaviours( Drying) / ekgokjh ls tqM+s O;ogkj eatwjh @uk eatwjh ¼lq[kkuk½					
A	Do you approve or disapprove of girls “drying menstrual cloth in the sun after washing with soap”?/ “ekgokjh @mc ds diM+s dks lkcu ls /kksus ds ckn] mls ckgj /kwi esa lq[kkuk”- vki bl ckr dks eatwjh nsrs gSa ;k ugh\	Approve/Eaktwjh			1	
		Disapprove/uk eatwjh			2	
B	Do you believe that others in your community approve or disapprove of girls “drying menstrual cloth in the sun” after washing with soap? / “ekgokjh @mc ds diM+s dks lkcu ls /kksus ds ckn] mls ckgj /kwi esa lq[kkuk”- D;k vkids leqnk; ds yksx bl	Approve/Eaktwjh			1	
		Disapprove/uk eatwjh			2	

	ckr dks eatwjh nsrs gSa ;k ugha\			
C1	You mentioned that you <b>APPROVE</b> and your community <b>APPROVES</b> . Can you tell me the reason for your answer? vkus dgk vki Hkh eatwjh nsrh gS vkSj vkidk leqnk; Hkh eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
C2	You mentioned that you <b>DISAPPROVE</b> but your community <b>APPROVES</b> . Can you tell me the reason for your answer? vkus dgk vki eatwjh ugha nsrh ysfdu vkidk leqnk; eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
C3	You mentioned that you <b>APPROVE</b> but your community <b>DISAPPROVES</b> . Can you tell me the reason for your answer? vkus dgk vki eatwjh nsrh gS ysfdu vkidk leqnk; eatwjh ugha nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
C4	You mentioned that you <b>DISAPPROVE</b> and your community <b>DISAPPROVES</b> . Can you tell me the reason for your answer? vkus dgk vki Hkh eatwjh ugha nsrh gS vkSj vkidk leqnk; Hkh eatwjh ugha nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
<b>701</b>	<b>Approval/Disapproval of Menstrual Behaviours (Disposal)/ ekgokjh ls tqM+s O;ogkj eatwjh@uk eatwjh ¼fuiVko½</b>			
D	Do you approve or disapprove of “Disposing of used cloth or sanitary napkins by burning or burying them”?/ “ekgokjh@mc ds diM+s dks tyk dj ;k ?kj vkSj [ksr ls nwj feV~Vh esa xkM+ dj fuiVkuk” vki bl ckr dks eatwjh nsrs gSaa ;k ugh\	Approve/Eatwjh	1	
		Disapprove/uk eatwjh	2	
E	Do you believe that others in the community approve or disapprove of “Disposing of used cloth or sanitary napkins by burning or burying them”?/ “ekgokjh@mc ds diM+s dks tyk dj ;k ?kj vkSj [ksr ls nwj feV~Vh esa xkM dj fuiVkuk” D;k vkids leqnk; ds yksx bl ckr dks eatwjh nsrs gSa ;k ugh\	Approve/Eatwjh	1	
		Disapprove/uk eatwjh	2	
F1	You mentioned that you <b>APPROVE</b> and your			

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	<p>community APPROVES. Can you tell me the reason for your answer? vkus dgk <b>vki Hkh eatwjh nsrh gS</b> vkSj vkidk <b>leqnk; Hkh eatwjh</b> nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\</p>		
F2	<p>You mentioned that you DISAPPROVE but your community APPROVES. Can you tell me the reason for your answer? vkus dgk <b>vki eatwjh ugha nsrh</b> ysfdu vkidk <b>leqnk; eatwjh</b> nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\</p>		
F3	<p>You mentioned that you APPROVE but your community DISAPPROVES. Can you tell me the reason for your answer? vkus dgk <b>vki eatwjh nsrh gS</b> ysfdu vkidk <b>leqnk; eatwjh ugha</b> nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\</p>		



Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO
F4	You mentioned that you DISAPPROVE and your community DISAPPROVES. Can you tell me the reason for your answer? vkus dgk vki Hkh eatwjh ugha nsrh vkSj vkidk leqnk; Hkh eatwjh ugha nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\		
702	<b>ACTUAL BEHAVIOURS ( Drying)/orZeku O;ogkj lq[kkuk</b>		
<b>A</b>			
B	Do adolescent girls in your community ‘dry their menstrual cloth in the sun after washing with soap’? D;k vkids leqnk; dh fd’kksjh yMfd;ka ‘ekgokjh@mc ds diM+s dks lkcqu vkSj ikuh ls /kksus ds ckn] mls ckgj /kwi esa lq[kkrh gS\	Yes/ gka	1
		No/ ugha	2
C	Can you tell me the reason for your answer? vkidk ,slk dgus dk D;k dkj.k gS\		
D	What are some of the rewards of drying menstrual cloth in the sun after washing with soap? / ekgokjh@mc ds diM+s dks lkcqu vkSj ikuh ls /kksus ds ckn] mls ckgj /kwi esa lq[kkus ds D;k ykHk@Qk;ns gksrs gS\		
E	What are some of the punishments associated with drying menstrual cloth in the sun after washing with soap? / ekgokjh@mc ds diM+s dks lkcqu vkSj ikuh ls /kksus ds ckn] mls ckgj /kwi esa lq[kkus ls D;k gkfu@uqdlku gksrs gS\		
702	<b>ACTUAL BEHAVIOURS (Disposal)/orZeku O;ogkj ¼fuiVko½</b>		
<b>F</b>			
G	Do adolescent girls in your community “burn or bury used clothes or sanitary pads”? / D;k vkids leqnk; dh fd’kksjh yMfd;ka bLrseky fd, gq, diM+s ;k ISfuVjh iSM dks tykrh ;k ?kj vkSj [ksr ls nwj fEkV~Vh esa xkM nsrh gSa\	Yes/ gka	1
		No/ ugha	2
H	Can you tell me the reason for your answer? vkids ,slk dgus dk D;k dkj.k gS\		
I	What are some of the rewards of burning or burying used clothes or sanitary pads? /		

	<p>bLrseky fd, gq, diM+s ;k ISfuVjh iSM dks tykus ;k ?kj vkSj [ksr ls nwj fEkV~Vh esa xkMus ls D;k <b>ykHk@</b> <b>Qk;ns</b> gksrs gS\</p>		
J	<p>What are some of the <b>punishments</b> associated with burning or burying used clothes or sanitary pads? / bLrseky fd, gq, diM+s ;k ISfuVjh iSM dks tykus ;k fEkV~Vh esa nckus ls D;k <b>gkfu@uqdlku</b> gksrs gS\</p>		

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Taboos and Restrictions /ikacfn;kj				
703	APPROVAL/DISAPPROVAL (Restrictions)/Eaktwjh@uk eatwjh ¼ikacfn;kj½			
A	Do you approve or disapprove of 'imposing restriction on girls during menstruation like not touching pickle or cooking'? /D;k vki ekgokjh@MC ds nkSjku yM+fd;ksa ij yxk;s tkus okys <b>jkSD Vksd</b> dks eatwjh nsrs gSa ;k ugha \ tSlS ¼vpkj ugha Nwuk ;k [kkuk ugha <b>cukuk</b> bR;kfn ½	Approve/Eaktwjh	1	
		Disapprove/uk eatwjh	2	
B	Do you believe that others in the community approve or disapprove of 'imposing restriction on girls during menstruation like not touching pickle or cooking'? D;k vkids leqnk; ds vU; ykx ekgokjh@MC ds nkSjku yM+fd;ksa ij ij yxk;s tkus okys <b>jkSD Vksd</b> dks eatwjh nsrs gSa ;k ugha \ tSlS ¼vpkj ugha Nwuk ;k [kkuk ugha <b>cukuk</b> bR;kfn ½	Approve/Eaktwjh	1	
		Disapprove/uk eatwjh	2	
C1	You mentioned that you APPROVE and your community APPROVES. Can you tell me the reason for your answer? vkus dgk <b>vki eatwjh</b> nsrh gS vkSj vkidk <b>leqnk; Hkh eatwjh</b> nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
C2	You mentioned that you DISAPPROVE but your community APPROVES. Can you tell me the reason for your answer? vkus dgk <b>vki eatwjh ugha</b> nsrh ysfdu vkidk <b>leqnk; eatwjh</b> nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
C3	You mentioned that you APPROVE but your community DISAPPROVES. Can you tell me the reason for your answer? vkus dgk <b>vki eatwjh</b> nsrh gS ysfdu vkidk <b>leqnk; eatwjh ugha</b> nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
C4	You mentioned that you DISAPPROVE and your community DISAPPROVES. Can you tell me the reason for your answer? vkus dgk <b>vki Hkh eatwjh ugha</b> nsrh vkSj vkidk <b>leqnk; Hkh eatwjh ugha</b> nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
703	APPROVAL/DISAPPROVAL (SOCIAL GATHERING)eatwjh@uk eatwjh¼lekftd lekjksg½			

Unique ID 

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D	<p>Do you approve or disapprove of girls <b>‘attending a social function or gathering during menstruation’</b></p> <p>D;k ekgokjh@mc ds nkSjku yM+fd;ksa dks lekftd mRlo ;k lekjks g esa mifLFkr gksus dks vki eatwjh nsrs gSa ;k ughaa\</p>	Approve/Eaktwjh	1	
		Disapprove/uk eatwjh	2	

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Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
E	Do you believe that others in the community approve or disapprove of girls 'attending a social function or gathering during menstruation'? / D;k vkids leqnk; ds vU; yksx ekgokjh@mc ds nkSjku yMf+d;ksa dks lekftd mRlo ;k lekjksg esa mifLFkr gksus dhs eatwjh nsrs gSa ;k ugha\	Approve/Eaktwjh	1	
		Disapprove/uk eatwjh	2	
F1	You mentioned that you APPROVE and your community APPROVES. Can you tell me the reason for your answer? vkus dgk vki Hkh eatwjh nsrh gS vkSj vkidk leqnk; Hkh eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
F2	You mentioned that you DISAPPROVE but your community APPROVES. Can you tell me the reason for your answer? vkus dgk vki eatwjh ugha nsrh ysfdu vkidk leqnk; eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
F3	You mentioned that you APPROVE but your community DISAPPROVES. Can you tell me the reason for your answer? vkus dgk vki eatwjh nsrh gS ysfdu vkidk leqnk; eatwjh ugha nsrk gSA vkidk ,slk dgus dk D;k dkj.k gS\			
F4	You mentioned that you DISAPPROVE and your community DISAPPROVES. Can you tell me the reason for your answer? vkus dgk vki Hkh eatwjh ugha nsrh vkSj vkidk leqnk; Hkh eatwjh ugha nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
<b>704</b>				
<b>ACTUAL BEHAVIOURS (Restrictions)/orZeku O;ogkj ¼ikacfn;k½</b>				
705	Do adolescent girls in the community follow restrictions during menstruation like not touch pickle or cook'?'/ D;k vkids leqnk; dh fd'kksjh yMfd;ka ekgokjh@mc ds nkSjku yxk;s tkus okys jksd Vksd tSls vpkj ugha Nwuk ;k [kkuk ugha cukuk dks ekurh gS ;k ugha\	Yes/ gka	1	
		No/ ugha	2	
714	Can you tell me the reason for your answer?			
706	vkidk ,slk dgus dk dkj.k D;k gS\			

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707	<p>What are some of the <b>rewards</b> of following restrictions during menstruation- like not touching pickle or cooking' /</p> <p>ekgokjh@mc ds nkSjku yxk;s tkus okys jksd&amp;Vksd ls D;k <b>ykHk ;k Qk;ns</b> gksrs gS\ tSls <b>vpkj ugha Nwuk ;k [kkuk ugha cukuk bR;kfn</b></p>		

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
708	<p>What are some of the <b>punishments</b> following restrictions during menstruation- like not touching pickle or cooking'? /</p> <p>ekgokjh@mc ds nkSjku yxk;s tkus okys jksd&amp;Vksd ls ls D;k <b>gkfu@uqdlku</b> gksrs gS\ tSls <b>vpkj ugha Nwuk ;k [kkuk ugha cukuk bR;kfn</b></p>			
<b>709</b>				
<b>ACTUAL BEHAVIOURS (Social Gathering)/ orZeku O;ogkj ¼lekftd lekjksg½</b>				
710	<p>Do adolescent girls in your community 'attend social functions or gatherings in the community during menstruation'?</p> <p>D;k vkids leqnk; dh fd'kksjh yMfd;ka <b>ekgokjh@mc ds nkSjku lkekftd mRlo ;k lekjksg esa mifLFkr gksrh gSa\</b></p>	Yes/gka	1	
		No/ugha	2	
711	<p>Can you tell me the reason for your answer?</p> <p>vkidk ,slk dgus dk dkj.k D;k gS\</p>			
712	<p>What are some of the <b>rewards</b> for attending social functions or gatherings in the community during menstruation'? /</p> <p>ekgokjh@mc ds nkSjku lkekftd mRlo ;k lekjksg esa mifLFkr gksus ds <b>D;k ykHk ;k Qk;ns</b> gksrs gS\</p>			
713	<p>What are some of the <b>punishments</b> for attending social functions or gatherings in the community during menstruation'? /</p> <p>ekgokjh@mc ds nkSjku lkekftd mRlo ;k lekjksg esa mifLFkr gksus ls D;k <b>gkfu@uqdlku</b> gksrs gS\</p>			

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## Section 8: Ideal Plate ACTIVITY /vknZ'k Fkkyh

Imagine this is the plate an adolescent girl uses for a typical meal at home. In other words: If one day I went to visit a house where an adolescent girl lives and she was just about to eat her main meal of the day, what food would I see on her plate? I'd like you to draw the foods that would be on her plate.

lksfp, fd ;g fd'kksjh yMdh dh jkstkuk dh Fkkyh gSa ftlesa og [kkuk [kkrh gSaA vxj ge muds ?kj esa dksbZ ,d fnu vkrs gSa tc og fd'kksjh yMdh viuk eq[; [kkuk [kk jgh gksxh rks ge mldh Fkkyh esa D;k&D;k ns[kxsxa\ ge pkgxsxa fd vki bl Fkkyh esa ogh [kkus dk fp= cuk;sa ;k fy[ksaA

**INSTRUCTIONS: uZns'k%&**

1. Give the plate to the respondent /mRRjnkÜkk dks lysV nsa
2. Ask her to draw or tell you the constituents of the meal./ mudks cksys fd oks fd'kksjh yMdh ds eq[; [kkus ds inkFkksZ dk fp= cuk,sa ;k mudk uke crk,sa
3. Show her the pictures of Daal, Roti, Rice only when she mentions them./ mudks vki vius lkFk yk, gq, nky] pkoy] jksVh ds rLohjksa dks rHkh nsa tc oks mudk uke ysa

Now imagine this is an ideal plate for an adolescent girl that is if she could eat the items that she does not get but she should be eating and the items that she wants to eat, then what would we see on her plate, please tell us/draw?

lksfp, fd ;g fd'kksjh yMdh ds vkn'kZ Hkkstu dh Fkkyh gSa eryc oks Hkkstu tks mldks [kkuk pkfg, tks mldks feyrk ugh gSa vkSj oks [kkuk tks oks [kkuk pkgrh gS vxj oks fn;k tk;s rks mldh Fkkyh esa D;k&D;k [kkuk ns[kxsxa oks lc vki gesa crk,sa@fp= cuk,sa\

Click Photo of both the everyday plate and the ideal plate and label them/

**vkn'kZ Fkkyh vkSj eq[; Fkkyh dh rLohj [khpsa vkSj yscy djsaA**

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
801	Which food items are there in the adolescent girl's actual plate?/ fd'kksjh yMdh;ksa dh jkstkuk Fkkyh esa [kkus dh D;k&D;k phtsa gksuh pkfg,\	Rice/ pkoy	1	
		Chapati/jksVh	2	
		Pulses/nky	3	
		Vegetables/lCth	4	
		Green leafy Vegetables/gjh iUrsnkj lCth	5	
		Fruits/Qy	6	
		Chicken/fpdsu	7	
		Meat/ehV	8	
		Fish/eNyh	9	
		Eggs/v.Mk	10	
		Paneer/iuhj	11	
		Butter/eD[ku	12	
		Ghee/?kh	13	
		Milk/ nq/k	14	
		Curd/ngh	15	
		Salad/lykn	16	
		Same as daily plate/ jkstkuk Fkkyh tSlh	17	
		Gram/puk	18	
		Jaggery/ xqM+	19	

		Sweets/ feBkbZ	20	
		Paratha/ijkBk	21	
		Puri/ iqjh	22	
		Pickles/vpkj	23	
		Halwa/gYok	24	
		Kheer/ [khj	25	
		Any other (specify)/vU; fy[ksa _____		

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
802	Which food items are there in the adolescent girl's ideal plate?/ fd"kksjh yMfd;ksa dh vknZ"K Fkkuh esa [kkus dh D;k&D;k phtsa gksuh pkfg,\	Rice/ pkoy	1	
		Chapatti/jksVh	2	
		Pulses/nky	3	
		Vegetables/ICth	4	
		Green leafy Vegetables/gjh iUrsnkj ICth	5	
		Fruits/Qy	6	
		Chicken/fpdsu	7	
		Meat/ehV	8	
		Fish/eNyh	9	
		Eggs/v.Mk	10	
		Paneer/iuhj	11	
		Butter/eD[ku	12	
		Ghee/?kh	13	
		Milk/ nq/k	14	
		Curd/ngh	15	
		Salad/lykn	16	
		Same as daily plate/ jkstkuk Fkkyh tSh	17	
		Gram/puk	18	
		Jaggery/ XqM+	19	
		Sweets/ feBkbZ	20	
		Paratha/ijkBk	21	
		Puri/ iqjh	22	
		Pickles/vpkj	23	
		Halwa/gYok	24	
		Kheer/ [khj	25	
Any other (specify)/vU; fy[ksa _____				
807				
803	What actions can you take to ensure that her actual food plate becomes more like your ideal plate for her? / vki D;k dne mBk ldrs gSa ;g lqfuf'pr djus ds fy, fd mldh jkstkuk dh Fkkyh mldh vknZ'k Fkkyh			





Unique ID

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Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
804	Which food items are there in her actual plate during menstruation?/ vkids vuqlkj ekgokjh@mc ds le; mldh jkstkuk dh Fkkyh esa [kkus dk D;k&D;k gksrk gS\	Rice/ pkoy	1	
		Chapati/jksVh	2	
		Pulses/nky	3	
		Vegetables/ICth	4	
		Green leafy Vegetables/gjh iUrsnkj ICth	5	
		Fruits/Qy	6	
		Chicken/fpdsu	7	
		Meat/ehV	8	
		Fish/eNyh	9	
		Eggs/v.Mk	10	
		Paneer/iuhj	11	
		Butter/eD[ku	12	
		Ghee/?kh	13	
		Milk/ nq/k	14	
		Curd/ngh	15	
		Salad/lykn	16	
		Same as daily plate/ jkstkuk Fkkyh tSIh	17	
		Gram/puk	18	
		Jaggery/ xqM+	19	
		Sweets/ feBkbZ	20	
		Paratha/ijkBk	21	
		Puri/ iqjh	22	
		Pickles/vpkj	23	
		Halwa/gYok	24	
Kheer/ [khj	25			
Does not Change/ugha cnyrh	99			
Any other (specify)/vU; fy[ksa				
805	Which food items should be there in her ideal plate during menstruation?/ vkids vuqlkj ekgokjh@mc ds le; mldh vknZ'k Fkkyh esa [kkus dks D;k&D;k gksrk gS\	Rice/ pkoy	1	
		Chapati/jksVh	2	
		Pulses/nky	3	
		Vegetables/ICth	4	
		Green leafy Vegetables/gjh iUrsnkj ICth	5	
		Fruits/Qy	6	
		Chicken/fpdsu	7	
		Meat/ehV	8	
		Fish/eNyh	9	
		Eggs/v.Mk	10	
		Paneer/iuhj	11	
		Butter/eD[ku	12	
		Ghee/?kh	13	
		Milk/ nq/k	14	
		Curd/ngh	15	
		Salad/lykn	16	
		Same as daily plate/ jkstkuk Fkkyh tSIh	17	
		Gram/puk	18	
		Jaggery/ xqM+	19	
		Sweets/ feBkbZ	20	
		Paratha/ijkBk	21	
		Puri/ iqjh	22	

		Pickles/vpkj	23	
		Halwa/gYok	24	
		Kheer/ [khj	25	
		Any other (specify)/vU; fy[ksa _____		
Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
806	Who decides how much and what an adolescent girl eats? ;g dkSu fu/kkZfjr djrk gS fd fd"kksjh yMfd;ksa dks D;k vkSj fdruh ek=k esa [kkuk pkfg, \	A.What dkSu ;g r; djrk gSa D;k [kk,sa		
		B.How much dkSu ;g r; djrk gSa fdruk [kk,sa		

Those are all the questions we have for today. I hope you have enjoyed answering these questions. Is there anything else you would like to add before we wrap this up?

vkt ds fy, gekjs ikl ;gh lc loky FksA eq>s vk'kk gS fd bu lokyksa dk tokc nsus esa vkus vkuaUn fy;k gksxkA bls leklr djus ls igys D;k vki dqN vkSj tksM+uk pkgSaxh\

INTERVIEWER INFORMATION			
1.	Name and code of Interviewer Lkk{kkRdkjdrkZ dk uke vkSj dksM+	Name _____	□ □
2.	Name and code of the supervisor i;Zos{kd dk uke vkSj dksM+	Name _____	□ □
3.	Date of interview Lkk{kkRdkjdrkZ dh rkjh[k	Date _____  {Enter as Day / Month / Yr} ¼fy[ksa fnu@eghus@lky	□ □ □ □
Accompanied		Y	N
Back Checked		Y	N
Scrutinized		Y	N

**END**  
**iz'u [kRe**

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