

IDI Guide- Frontline Workers / Teachers
UNICEF India, Behavioural Monitoring of Menstrual Health in UP, Bihar and Jharkhand

SECTION 1: BACKGROUND INFORMATION

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
101	Name of the State jkT; dk uke	Bihar/ fcgkj	1	
		Jharkhand/>kM+[kaM+	2	
		Uttar Pradesh/ mRrj izns'k	3	
102	Name of the District ftys dk uke	Nalanda/ ukyank	1	
		Vaishali/ oS'kkyh	2	
		East Singbhum/ iwohZ flagHkwe	3	
		Gumla/ xqeyk	4	
		Jaunpur/ tkSuiqj	5	
		Mirzapur/ fetkZiqj	6	
		Sonbhadra/ lksuHknz	7	
103	Name of the Block CykWd dk uke	RECORD NAME AND CODE <input type="text"/>		
104	Name of the Village Xkk;o dk uke			
105	Type of Respondent/ dkSu gSa	ASHA/ vk'kk	5	
		AWW/ vkaxuokMh dk;ZdrkZ	6	
		Teacher/ v/;kid	7	

SECTION 2: PROFILE

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
201				
202				
203	Till which standard have you completed your education? vkus fdl Lrj rd f'k{kk izklr dh gSa\	<input type="text"/>		
		Illiterate/vf'kf{kr	00	
		Never attended formal school dHkh vkSipkfjd Ldwy ugha x;s	98	
204, 204A				
205	Which religion do you follow? vki dkSu lk /keZ ekurs gSa\	Hindu / fgUnw	1	
		Muslim / eqfLye	2	
		Sikh/ fl{k	3	
		Christian/ bZlkbZ	4	
		Jain/ tSu	5	
		Buddhist/Neo-Buddhist / ckS)@fu;ks ckS)	6	
		No Religion / dksbZ /keZ ughaa	7	

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		Parents Group/ekrk/ fir k dk lewg	8	
		Could not recall;/kn ugha dj ik,	55	
		Any other (specify)/vU; fy[ksa		

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO
302-303			
304	How often are group meetings held in your village? vkids xkao esa lewg cSBd fdruh ckj gksrh gSa\	Twice a month/eghus esa nks ckj	1
		Once a month/eghus esa ,d ckj	2
		Once in two months/nks eghus esa ,d ckj	3
305			
306	How often do you attend these meetings? vki lewg dh bu cSBdksa esa dc&dc Hkkx ysrs gSa\	Regularly/ fu;fer:lk ls	1
		Sometimes/ dHkh dHkh	2
		Rarely/ cgqr de	3
307	Why are you not able to attend regularly? / vki lewg dh bu cSBdksa esa fu;fer #i ls Hkkx D;ksa ugha ys ikrs\	Not Interested/ialn ugha	1
			2
		Social Function/lkekftd R;ksgkj	3
		Busy in other work/vU; dk;Z esa O;Lr	4
		Illness/chekj	5
		Can't say/dg ugha ldrs	88
		Any other (specify)/vU; fy[ksa	
308	To what extent is the venue comfortable? Would you say to a great extent, to some extent or not at all? / lewg dh cSBdksa dh txg fdl gn rd vkjkenk;d gS\ D;k vki dgksxsa dkQh gn rd] dqN gn rd ;k fcYdqy Hkh ugha\	To a great extent/dkQh gn rd	1
		To some extent/dqN gn rd	2
		Not at all/fcYdqy Hkh ugha	3
309	What time are the meetings usually held? / T;knkrj cSBdsa fdl le; vk;ksftr gksrh gS\	Railway Time/jsyOS le;_____	
310	Where are the meetings held? cSBdsa dgkj gksrh gS\	Aaganwadi Center/ vkaxuokM+h dsUnz	1
		Panchayat/iapk;r Hkou	2
		School/Ldwy	3
		Open Space/[kqyk LFkku	4
		House/ ?kj	5
		Community Centre/lkeqnf;d Hkou	6
		Any other Specify/vU; dksbZ Li"V.....	
311	What is the duration of the meetings you attend? lewg dh cSBd ftlesa vki tkrs gS yxHkx fdruh nsj rd pyrh gS\	>1 hour/,d ?akVs ls T;knk	1
		1 hour/,d ?kaVk	2
		< 1 hour/,d ?kaVs ls de	3
		It varies/ cnyrk jgrk gS	4

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		Don't know/ekyqe ugha	88	
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Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO
312	Kindly tell me the sequence of activities that take place in one group meeting starting from the beginning to the end? d`l;k mu izfdz;kvksa dks dze vuqlkj cksys tks ,d leqg cSBd ds `kq: ls lekIr gksus rd gksrh gS\	Welcomes/ Lokxr djuk	
		Introduction of topics/ fo”k;ksa dh lqpk	
		Sharing agenda/ cSBd dh lqph dks crkuk	
		Discussing key points of last meetings/ fiNys cSBd ds eq[; lans`kks dh ppkZ	
		Activities on topics/ fo”k;ksa ls tqMh xfrfof/k;ka	
		Discussion on topics/ fo”k;ksa ls tqMh ppkZ	
		Question answer session/ loky tokc l=	
		Showing Ammaji videos/ vEek th fofM;ks fn[kkuk	
		Reading Paheli ki sahehi/ igsyh dh lgsyh i<+uk	
		Watch Paheli ki Saheli film/ igsyh dh lgsyh fQYe ns[kuk	
		Watch Paheli ki Saheli in Mobile/ eksckbZy ij igsyh dh lgsyh ns[kuk	
		Showing other materials/ vU; lkexzh fn[kkuk	
		Life skill activities/thou dkS`ky xfrfof/k;kj	
		Fill up her diary/viuh Mk;jh Hkjuk	
		Vocational training/O;kolkf;d izf`k{k.k	
		Fix the date for the next meeting/ vxyh cSBd dh rkjh[k r; djuk	
Fix the agenda for the next meeting/ vxyh cSBd dh lqph r; djuk			
Record meeting minutes/ cSBd ds feuV dh fjdkWM djuk			
Any other (specify)/vU; fy[ksa			
312A			
313	What materials are used at these meetings? bu cSBdksa ds nkSjku dkSu lh lkexzh dk bLrseky gksrk gSa\	Paheli ki Saheli film /igsyh dh lgsyh fQYe	1
		Paheli ki Saheli book/ igsyh dh lgsyh fdrkc	2
		Ammaji kehti hai videos/ vEek th dgrh gS fofM;ksa	3

		Apron/rgcan	4	
		Any other (specify)/vU; fy[ksa		
314	Who facilitates the meetings? cSBd dkSu djokrs gS\ Multiple response ,d ls vf/kd mRrj IEHko	Field Facilitator/FF nhnh	1	
		PE/ fi;j ,twdsVj	2	
		AWW/vkxauokM+h dk;ZdrkZ	3	
		ASHA/vk'kk	4	
		Any other (specify)/vU; fy[ksa		
315				
316	What is the name of the field facilitator? FF nhnh vkrh gSa mudk uke D;k gS\ Multiple response ,d ls vf/kd mRrj IEHko	Correct Name/lgh uke	1	
		Wrong Name/Xyr uke	2	
		Could not respond/ugha crk ik;h	3	

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GOTO
317	On a scale of 1-5, with 1 being 'don't like at all' and 5 is 'like', how much do you like or dislike attending the meeting? 1 ls 5 dh Ldsy ij crk;sa, ftlesa 1 gSa 'fcYdqy ukilan' vkSj 5 'cgqr vf/kd ilan' fd vkidks bu lewg dh cSBdksa esa Hkkx ysuk fdruk ilan vk;k ;k fdruk ukialn vk;k\ Multiple response ,d ls vf/kd mRrj IEHko	Don't Like at all/fcYdqy ukilan	1	
		Don't like/ukilan	2	
		Neither likes nor dislikes/ uk ilan vkSj uk ukilan	3	
		Like/ilan	4	
		Like a lot/ cgqr vf/kd ilan	5	
318	What parts of these meetings do you like the most? bu cSBdksa ds dkSu&dkSu ls Hkkx vkidks lcls T;knk ilan gSa\ Multiple response ,d ls vf/kd mRrj IEHko	Discussion/ppkZ	1	
		Watch Paheli ki Saheli film/ igsyh dh lgsyh fQYe ns[kuk	2	
		Watch Paheli ki Saheli in Mobile/ eksckbZy ij igsyh dh lgsyh ns[kuk	3	
		Reading the Paheli ki sahel book/ igsyh dh lgsyh fdrkc i<+uk	4	
		Life skill activities/thou dkS'ky xfrfof/k;k;	5	
		Setting agenda for next meeting/ vxyh cSBd ds fy, dk;Z lwph cukuk	6	
		Fill up her diary/viuh Mk;jh Hkjuk	7	
		Vocational training/O;kolkf;d izf'k{k.k	8	
		Can't recall;/kn ugha	55	
		Any other (specify)/vU; fy[ksa		
318A	What parts of these meetings do you like the least? bu cSBdksa ds dkSu ls Hkkx	Discussion/ppkZ	1	
		Watch Paheli ki Saheli film/ igsyh dh lgsyh fQYe ns[kuk	2	

	vkidks lcls de ilUn gS\	Watch Paheli ki Saheli on mobile/ eksckbZy ij igSyh dh lgsyh ns[kuk	3			
		Reading the Paheli ki sahelI book/ igSyh dh lgsyh fdrkc i<+uk	4			
		Life skill activities/thou dkS'ky xrfrof/k;kj	5			
		Setting agenda for next meeting/ vxyh cSBd ds fy, dk;Z lwph cukuk	6			
		Fill up her diary/viuh Mk;jh Hkjuk	7			
		Vocational training/O;kolkf;d izf'k{k.k	8			
		Can't recall;/kn ugha	55			
319-322						
339F	Have you attended any orientations/ trainings for this program? D;k vkus bl dk;Zdze esa ;k ,slk dksbZ izf'k{k.k@l= esa Hkkx fy;k gS\	Yes/gka	1	340F		
		No/ ugha	2	342F		
		Don't Remember/ ;kn ugha	55			
340F	How many orientations/trainings have you attended so far?/ vkus fdrus dk;Zdze ;k izf'k{k.k@l= esa Hkkx fy;k gS\	<table border="1" style="display: inline-table;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>				

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO
341F	What was discussed at these orientations/training? bu izf'k{k.k@l= esa fdl fo"k; ij ppkZ gqbZ Fkh\	What menstruation is/ekgokjh/MC D;k gS	1
		What changes menstruation brings/ ekgokjh/MC esa D;k cnyko vkrs gS	2
		What problems adolescent girls face/ fd'kksjh yMfd;ksa dks fdu&fdu leL;kvksa dk lkeuk djuk iMrk gS	3
		How to maintain hygiene during menstruation/ekgokjh/MC ds nkSjku LoPNrk dSls cuk;s j[kuk gS	4
		Disposal of used cloths/napkins/bLrseky fd;s gq;s diMs ;k iSM dk fuiVko djuk	5

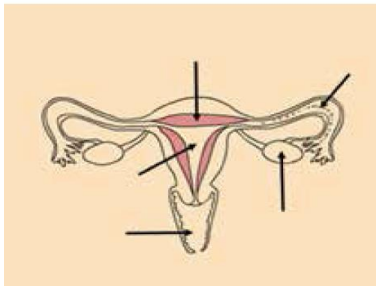
		Myths and misconceptions about menstruation/ ekgokjh/mc ls tqMh xyr /kkj.kk;sa	6	
342F	What role are you playing in this program? vki bl dk;Zdze esa D;k Hkqfedk fuHkk jgs gks\	Facilitate AGG Sessions/ fd'kksjh ckfydk lewg l= dk lapkyu djuk	1	
		Facilitative MG Sessions/ ekrk lewg l= dk lapkyu djuk	2	
		Facilitate Fathers/Boys Group Session/ firk ;k HkkbZ ds lewg l= dk lapkyu djuk	3	
		Provide advice to girls on menstruation/ ekgokjh/mc ds fo"k; ij fd'kksjh;ksa dks jk; nsuk	4	
		Provide advice to girls on issues related to menstruation (nutrition. Wash)/iks" k.k vkSj LoPNrk ds fo"k; ij fd'kksjh;ksa dks jk; nsuk	5	
		Attend Meetings/ cSBdksa esa Hkkx ysuk	6	
		Participant/ Hkkxhknkj	7	
		Co-facilitator/lg lapkyd	8	
		Don't Know/ irk ugha	7	
		Any other (specify)/vU; fy[ksa		
343F	Do you follow-up with participants after the meeting?/ D;k cSBd ds ckn vki izfrHkkxh;ksa ds lkFk QkSyksvi djrs gS\	Yes/gka	1	
		No/ ugha	2	

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES					GOTO
513B (344F)	On a Scale of 1-5, with 5 being 'completely' and 1 being 'not at all', please tell me how comfortable or not comfortable you feel discussing the following topics with adolescent girls? 1 Is 5 ds Ldsy ij gesa crk;sa ftlesa 5 gS iw.kZ :lk ls lgt vkSj 1 gS iw.kZ :lk ls vlgt fd vki bu fo”k;ks ij fd’kksjh yM+fd;ks ls ckr djus esa vius vki dks fdruk lgt ;k vlgt eglql djrs gS\	Completely Comfortable iw.kZ :lk ls lgt	Comfortable lgt	Neither Comfortable nor uncomfortable uk Lkgt uk vlgt	Uncomfortable vlgt	Not at all Comfortable iw.kZ :lk ls vlgt	
1	Where to get absorbents/ lks[kus okyk diM+k@iSM dgka feyrk gS	5	4	3	2	1	
2	How to use absorbents/ lks[kus okys diM+s@iSM dks dSls bLrseky djuk gSa	5	4	3	2	1	
3	How to dispose absorbents/ lks[kus okyk diM+s@iSM dks dSls fuiVk,sa	5	4	3	2	1	
4	Dry the absorbent in the sun to kill germs after washing with soap/ lks[kus okyk diM+s dks lkcqu ls /kksus ds ckn ckgj /kqi es lq[kkdj fdVk.kq dks [kRe djuk	5	4	3	2	1	
5	Negotiating for iron rich foods during menstruation/ekgokjh @MC ds nkSjku vk;ju ;qDr Hkkstu ds fy, ckrphr	5	4	3	2	1	
6	Negotiating for toilet/or private place to bathe and change during menstruation/ekgokjh @ MC ds nkSjku ughus vkSj diMk@ iSM cnyus ds fy, 'kkSpky; ;k futh txg ds fy, ckrphr	5	4	3	2	1	
345F, 346F, 347F							
323	GO TO HARD COPY/dkxt+ iz'ui= ij tk,a						

SECTION 4: I AM

SECTION 5: MENSTRUATION/ekgokjh @MC- (501) HARD COPY

502						
Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES			GOTO	
503	Can you show the external physical changes that take place in a girl during puberty/growing up years on this body map? Show Growth Map bl fp= dks ns[k dj crk;sa fd ,d yMdh@fd'kksjh tc cM+h gksrh gSa rks muesa D;k ckgjh cnyko vkrs gS\ Multiple response/,d ls vf/kd mRrj IEHko				Code	
		A	Growth of breasts/ Lruksa dk fodkl	1		
		B	Broadening of hips/ dwYgksa dk pkSM+k gksuk	2		
		C	Growth spurt where girls grow taller/ yEckbZ esa rsth ls o`f} gksuk	3		
		D	Growing of hair in arm-pits/ gkFk ds cxy es cky fudyuk	4		
		E	Growing of hair in pubic area/tka?kksa ds vanj dh txg ij cky vkuk	5		
		F	Beginning of the Menstrual Cycle/ ekgokjh @MC dh 'kq:okr gksuk	6		
		G	Acne (eggkls gksuk)	7		
	Don't know/No Response/irk ugha @dg ugha ldrs	88				
504	Can you show the internal changes that take place in a girl after menstruation? Show ReproductiveMap D;k vki vkarfjd cnykksa dks crk ldrs gSa tks ,d yM+dh esa ekgokjh @MC ds ckn gksrs gSa\ ¼vkarfjd vaxks dk fPk= fn[kk,½ Multiple response/,d ls vf/kd mRrj IEHko				Code	
		A	Development of ovaries/ v.Mk'k; dk fodkl gksuk	1		
		B	Growth in fat tissue/ pchZ dh dksf'kdkvksa dk c<+uk	2		
		C	Ovulation / v.Ms cuus dh izfdz;k	3		
		D	Egg drifts down to the uterus from fallopian tube/ v.Mokfguh ls vaMksa dk uhps cPpsnkuh dh rjQ vkuk	4		
		E	Uterus lining thickens/ cPpsnkuh dh vUn:uh ijr dk eksVk gksuk	5		
		F	Increase amount of estrogen/ ,LV ^a kstu ¼efgyk gkeksZu½ dh ek=k esa o`f)	6		
		G	Don't know/No Response/irk ugha @dg ugha ldrs	7		
505	Can you name the body parts on this diagram? bl fp= esa fpUgr vkarfjd vaxks dk uke crk;saA (SHOW MAP)(fp= fn[kk;sa)	Parts/ 'kjhj dk vax	Named tks lgh crk;k	Described fooj.k fn;k	Did not know ugha irk	
		Ovaries/ chtnkuh @v. Mk'k;				
		Uterus/ cPpsnkuh @xHkZ'kk;				
		Fallopian Tube- ukfydk				

		Endometrium/ [kwu dh ijr				
		Vagina;/ksfu				
506	Can you show us in the map where does menstrual blood originate from? ekgokjh@mc dk [kwu dgk; ls vkrk gS D;k vki bl fp= esa fn[kk ldrs gSa\	Able to show/fn[kk ik;sa			1	
		Hesitated/ fgpfdpkbZ			2	
		Take time to answer/crkus esa le; fy;k			3	
		Did not know/ugha irk			4	

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES			GOTO
524F					
507					
508	How do adolescent girls track their menstrual period? fd'kksjh yMfd;ksa dks dSls irk pyr gS fd mudh ekgokjh@mc 'kq: gksus okyh gS\ Multiple response ,d ls vf/kd mRrj IEHko	Do not track/fglkc ugha j[krs			1
		Paheli ki Saheli 'kangan'/ igsyh dh lgsyh daxu ls			2
		By Calendar/dysUMj ls			3
		Any other Specify/vU; dksbZ Li"V.....			
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511	How do adolescent girls dispose of their menstrual absorbent? fd'kksjh yMfd;ka ekgokjh@mc lks[kus dk iSM@diMs dk fuiVko dSls djrh gSa\ Multiple response ,d ls vf/kd mRrj IEHko	Bury it in the soil in the field [ksr esa feVVh esa nck nsrha gSa			1
		Throw it in the bush/>kfM+;ksa esa Qsd nsrha gSa			2
		Burn the absorbent/tyk nsrha gSa			3
		Hide under a stone/ iRFkj ds uhps fNik nsrha gS			4
		Store and then take it to the school toilet incinerator/laHkky dj j[krs gSa vkSj fQj Ldwy ds 'kkSpky; dh Hkêh esa Mky nsrs gSa			5
		Dustbin or garbage lot/ dwMsnku esa			6
		Bury in a Pit/xM<s es xkM nsrha gSaa			7
		Pond water /rykc			8
		Gutter/ ukyh			9
		Any other (specify)/vU; fy[ksa			
512	How do adolescent girls manage pain and discomfort during menstruation?/	Take a pain killer/ nnZ dh xksyh ysrrh gS			1
		Take hot compress/ xeZ lsd djrh gSa			2

<p>fd'kksjh yMfd;ka ekgokjh@mc ds nkSjku gksus okys nnZ vkSj rdyhQ ls dSls fuiVrh gSa\</p> <p style="text-align: center;">Multiple response ,d ls vf/kd mRrj IEHko</p>	Drink warm liquid/ xeZ rjy inkFkZ ihrh gSa	3
	Bathe in warm water/ xqu&xqus ikuh ls ugkrh gSa	4
	Rest for a while/ FkksMh nsj ds fy, vkjke djrh gSa	5
	Meditate/ /;ku djrh gSa	6
	Take iron rich food/vk;ju ls Hkjiwj [kkuk ysrh gSa	7
	Do light Exercise/ gYdh dljr djrh gSa	8
	Go to ANM/ Doctor/ ANM/ Doctor ds ikl tkrh gSa	9
	Go to ASHA/AWW / ASHA/AWW ds ikl tkrh gSa	10
	Quack/Traditional Healer/vks>k@oS/k	11
	No Pain/nnZ ugha gksrk	12
	Do nothing/ dqN ugha djrs	77
	Any other (specify)/vU; fy[ksa	

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GOTO
513	<p>How do adolescent girls store their absorbent? fd'kksjh yMfd;ka lks[kus dk iSM@diM+k dSls j[krh gSa\</p> <p style="text-align: center;">Multiple response ,d ls vf/kd mRrj IEHko</p>	<p>Store the cloth in a hidden or concealed place ekgokjh@mc ds diM+s dks ,slh txg j[krh gSa tks fNih gks vkSj utj ugha vkrh gks</p>	1
		<p>Store the washed menstrual cloth along with other clothes of daiy wear/ ekgokjh@mc ds diM+s dks vU; jkst iguus okys diM+ksa ds lkFk j[krh gS</p>	2
		<p>Store pad in a hidden place ,d xqlr txg ij j[krh gSa</p>	3
		<p>Do not store/tek djds ugha j[krh</p>	4
		<p>Store in safe and clean place/ lkQ lqFkj txg ij j[krh gSa</p>	5
		<p>Any other (specify)/vU; fy[ksa</p>	
514-518			
523	<p>A.How do you help adolescent girls immediately before, during and after menstruation? vki fd'kksjh yMfd;ksa dks ekgokjh@mc 'kq: gksus ds rqjUr lkgys ls lekr gksus rd dSls lg;ksx djrs gSa\</p> <p>B.What are some of the things that you wish you did immediately before, during and after menstruation but you do not? / vki fd'kksjh yMfd;ksa dh ekgokjh@mc 'kq: gksus ds rqjUr lkgys ls lekr gksus rd vki oks D;k&D;k lg;ksx ugha djrs gSa tks vki pkgrs gSa fd vki djsa\</p>		
		<p>You do / djrs gS</p>	<p>You wish you did / vki pkgrs gSa fd vki djs</p>
	Procures absorbent/diM+s ;k iSM dk bartke	1	1
	Helps with storing/diM+s ;k iSM ds j[k&j[kko es lg;ksx	2	2
	Adequate nutrition/i;kZlr iks" k.k	3	3
	Disposing absorbent/diM+s ;k iSM ds fuiVko es lg;ksx	4	4
	Reducing household chores/?kj ds dkedt dks de djuk	5	5
	Managing pain and discomfort/nnZ vkSj rdyhQ dks de djus es enn	6	6
	Arranging for private place for change/ iSM ;k diMs cnys ds fy, futh txg dk bUrtke	7	7
	Not imposing restrictions for travel/ dgha vkus tkus esa jksd Vksd ugha djuk	8	8
	Explaining things/le>kuk	9	9
	Not Imposing Food restrictions/[kku&iku ls tqMs izfrca/k uk yxkuk	10	10
	Not imposing religious restrictions//kkfeZd izfrca/k uk yxkuk	11	11

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	Ask to maintain Hygiene/ kQ&IQkbZ j kus ds fy, cksyuk	12	12	
	Nothing/dqN ugha	13	13	

Go to Hard Copy Q519 (page no 13)

SECTION 3: INVOLVEMENT IN THE INTERVENTION

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338P					
324	What changes have you noticed in adolescent girls as a result of attending the meetings? bu cSBdksa esa Hkkx ysus ds ckn fd'kksjh yMfd;kss esa vkus D;k&D;k ifjorZu ns[kk gS?				
348F	What changes have you noticed in mothers as a result of attending the meetings? bu cSBdksa esa Hkkx ysus ds ckn ekrkvkass esa vkus D;k&D;k ifjorZu ns[kk gS ?				
349F	What changes have you noticed in fathers as a result of attending the meetings? bu cSBdksa esa Hkkx ysus ds ckn firkvkass esa vkus D;k&D;k ifjorZu ns[kk gS?				
334A	(1) Of the following elements of the meeting, which ones would you like to change? vHkh ge vkidks dqN fodYi i<+dj lquk,xsa Ńl;k vki gesa crk,sa fd vki bu cSBdksa esa D;k&D;k cnyko pkgxsxa\ (2) IF YES, what would the change be? vxj gka rks D;k cnyko pkgxsxa				
	Please Read Out Loud lk<dj crk,	Y	N	What is the change? ;fn gka rks D;k cnyko	
1	Venue/ txg	1	2	1	
2	Timing/ le;	1	2	2	
3	Activities (pre-session)/ cSBd ls igys tks gksrk gS	1	2	3	
4	Activities (during session)/ cSBd ds nkSjku tks gksrk gSa	1	2	4	
5	Activities (post-session)/ cSBd lekIr gksus ls igys tks gksrk gS	1	2	5	
6	Actions to be taken between sessions/ nks cSBdksa ds chp esa djus ds fy, fn, x, dk;Z	1	2	6	
7	Information on time and location of next session/ vxyhs cSBd ds le; vkSj txg dh tkudkjh	1	2	7	

SECTION 4: I AM

SECTION 5: MENSTRUATION/ekgokjh@MC – HARD COPY

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO
501	Now we are going to talk about menstruation. Tell me the first 5 things that come to your mind when I say “Menstruation is.... / vc ge ekgokjh@MC ds ckjs esa ckr djus tk jgs gSaA eq>s crk;sa dh ;fn eSa dgqj; “ekgokjh@MC gS.... rks vkids fnekx esa igyh ikap ckrs D;k vkrh gSa\		
1			
2			
3			
4			
5			
502			
BACK TO TAB			
509	What type of menstruation absorbent do adolescent girls use? ekgokjh@MC dks lks[kus ds fy, fd'kksjh yMfd;k D;k bLrseky djrh gSa\ Multiple response ,d ls vf/kd mRrj IEHko	New cotton cloth everytime I change gj ckj diM+k cnyus ds oDr u;k lwrh diM+k	1 510
		Old cotton cloth/ iqjkuk lwrh diM+k	2 509B,C
		Any other synthetic cloth/ dksbZ vkSj flaFksfVd diM+k	3 ,D
		Sanitary Napkin/ Pad ISfuVjh uSidhu@IkSM	4 509A
		Any other (specify)/vU; fy[ksa _____	
509A	What type of sanitary napkins do adolescent girls use? Reusable/disposable? vki fdl rjg ds ISfuVjh uSidhu@IkSM bLrseky djrs gSa\ nksckjk bLrseky gksus okyh/ vke ISfuVjh uSidhu@IkSM	Reusable Sanitary Napkin/ Pad nksckjk bLrseky gksus okyh ISfuVjh uSidhu@IkSM	1 510
		Disposable sanitary/ napkin/pad vke ISfuVjh uSidhu@IkSM	2
509B	How do adolescent girls wash their menstrual cloth? vki ekgokjh dk diM+k dSls /kksrs gSa\ Multiple response ,d ls vf/kd mRrj IEHko	Water only/flQZ ikuh ls	1
		Soap and water/lkcqu vkSj ikuh ls	2
		Any other disinfectant after washing with soap and water/lkcqu vkSj ikuh ls /kksus ds ckn fdlh vkSj dhVuk'kd ls	3
		Any other (specify)/vU; fy[ksa _____	
509C	Where do adolescent girls dry their menstrual cloth?	In the shade outside/ ckgj Nkjo esa	1
			2

Unique ID

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fd'kksjh yMfd;ka ekgokjh@mc dk diMk dgka lq[kkrh gS? Multiple response ,d ls vf/kd mRrj IEHko	In the shade inside/ vanj Nkjo esa		
	In the sunlight outside/ ckgj /kqi esa	3	
	Hidden under other clothes/ nqljs diM+ks ds chp Nqikdj	4	

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO
509D	How often do adolescent girls dispose off their used menstrual cloth? / fd'kksjh yMfd;k bLrseky fd, gg, ekgokjh ds diMs dks iwjh rjg ls dc fuiVkrh gS\	Daily/jkst	1
		Weekly/lrkg	2
		Every month/ gj eghus	3
		Every 2 months/ gj nks eghus es	4
		Every 3 months/ gj rhu eghus eS	5
		>=4 months/ 4 eghus ;k ml ls T;knk	6
		Don't know/irk ugha	88
510	Where do adolescent girls get their menstrual absorbents?/ fd'kksjh yMfd;ka ekgokjh@mc lks[kus dk iSM@diMk dgka ls ykrh gSa\ Multiple response ,d ls vf/kd mRrj IEHko	Shop/nqdku	1
		House/?kj	2
		Tailor/nthZ	3
		Any other (specify)/vU; fy[ksa _____	
GO TO TAB			
Now we are going to ask you about the things that adolescent girls would do differently during their menstruation vc ge vkidks mu phtksa ds ckjs esa iwNus tk jgs gSa tks fd'kksjh yMfd;ka ekgokjh@mc ds nkSjku vvx ls djrh gSA			
519	What clothes do adolescent girls not wear during menstruation?/ekgokjh@mc ds nkSjku fd'kksjh yMfd;ka dkSuls diM+s ugha igurh?	WHY?/D;ksa?	
A			
B			
C			
D			
F			
520	What foods do adolescent girls not eat during menstruation / ekgokjh@mc ds nkSjku fd'kksjh yMfd;ka D;k [kkuk ugha [kkrh?	WHY?/D;ksa?	
A			
B			
C			
D			

Unique ID

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E			
F			

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO
521	What places do adolescent girls not go to during menstruation? /ekgokjh@mc ds nkSjku fd'kksjh yMfd;ka fdu txgksa ij ugha tkrh?	WHY?/D;ksa	
A			
B			
C			
D			
E			
F			
522	What social/religious activities do adolescent girls not do during menstruation? ekgokjh@mc ds nkSjku fd'kksjh yMfd;ka dkSuls lekftd@/kkfeZd dke ugha djrh\	WHY?/ D;ksa	
A			
B			
C			
D			
E			
522A	Are there any other things that adolescent girls do not do during menstruation? D;k dksbZ vkSj Hkh dke gS tks vki ekgokjh@mc ds nkSjku ugha djrh\	WHY?/ D;ksa	
A			
B			
C			
D			
E			

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
524F	Have you discussed these topics with adolescent girls? D;k vkus fd'kksjh yMfd;ksa ds lFk bu fo"k;ksa ij ppkZ dh gS\	Yes/ gka=1	No/ ugha =2	
1	Where to get absorbents/ lks[kus okyk iSM@diMs dgka feyrk gS	1	2	
2	How to use absorbents/ lks[kus okys iSM@diMs dks dSls bLrseky djrs gks\	1	2	
3	How to dispose absorbents/ lks[kus okyk iSM@diMs dk dSls fuiVko djrs gS	1	2	
4	Dry the absorbent in the sun after washing with soap/ lks[kus okys diMs dks lkcqu ls /kksus ds ckn ckgj /kqi es lq[kkdj fdVk.kq dks [kRe djuk gS	1	2	
5	Negotiating for iron rich foods during menstruation/ ekgokjh/mc ds nkSjku vkW;ju ls Hkjiqj [kkuiku ds ckjs esa ckrphr	1	2	
6	Negotiating for toilet/or private place to bathe and change during menstruation/ ekgokjh/mc ds nkSjku ughus vkSj diM+s cnyus ds fy, 'kkSpky; ;k ,dkar LFkku ds ckjs esa ckrphr	1	2	

SECTION 6: SOCIAL NETWORK MAPPING/lkekftd ekufp=.k

SECTION 7: SOCIAL NORM/lkekftd ekun.M+

	Now I will ask you some questions about levels of approval and behaviours related to menstruation / vc ge vkidks ekgokjh@mc ls tqM+s dqN okD; i<+dj lqk;sksa d`l;k vki eq>s crk;sa dh vki bl okD; dks fdruk eatwjh nsrs gSa ;k ugh			
701	Approval Disapproval of Menstrual behaviours / ekgokjh ls tqM+s O;ogkj eatwjh@uk eatwjh ¼lq[kkuk½			
A	Do you approve or disapprove of girls “drying menstrual cloth in the sun after washing with soap”?/ “ekgokjh@mc ds diM+s dks lkcqu ls /kksus ds ckn] mls ckgj /kwi esa lq[kkuk”-vki bl ckr dks eatwjh nsrs gSa ;k ugha\	Approve/ Eaktwjh	1	
		Disapprove/ uk eatwjh	2	
B	Do you believe that others in your community approve or disapprove of girls “drying menstrual cloth in the sun” after washing with soap?/ “ekgokjh@mc ds diM+s dks lkcqu ls /kksus ds ckn] mls ckgj /kwi esa lq[kkuk”-D;k vkids leqnk; ds yksx bl ckr dks eatwjh nsrs gSa ;k ugha\	Approve/ Eaktwjh	1	
		Disapprove/ uk eatwjh	2	

C1	<p>You mentioned that you APPROVE and your community APPROVES.</p> <p>Can you tell me the reason for your answer?</p> <p>vkius dgk vki Hkh eatwjh nsrh gS</p> <p>vkSj vkidk leqnk; Hkh eatwjh nsrk</p> <p>gS vkidk ,slk dgus dk D;k dkj.k gS\</p>		
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Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
C2	You mentioned that you DISAPPROVE but your community APPROVES. Can you tell me the reason for your answer? vkius dgk vki eatwjh ugha nsrh ysfdu vkidk leqnk; eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
C3	You mentioned that you APPROVE but your community DISAPPROVES. Can you tell me the reason for your answer? vkius dgk vki eatwjh nsrh gS vkSj ysfdu vkidk leqnk; eatwjh ugha nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
C4	You mentioned that you DISAPPROVE and your community DISAPPROVES. Can you tell me the reason for your answer? vkius dgk vki Hkh eatwjh ugha nsrh gS vkSj vkidk leqnk; Hkh eatwjh ugha nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
701	Approval/Disapproval of Menstrual Behaviours (Disposal) ekgokjh ls tqM+s O;ogkj eatwjh@uk eatwjh ¼fuiVko½			
D	Do you approve or disapprove of “Disposing of used cloth or sanitary napkins by burning or burying them”? / “ekgokjh @mc ds diM+s dks tyk dj ;k ?kj vkSj [ksr ls nwj feV~Vh esa xkM+ dj fuiVkuk” vki bl ckr dks eatwjh nsrs gSaa ;k ugh\	Approve/Eaktwjh	1	
		Disapprove/uk eatwjh	2	
E	Do you believe that others in the community approve or disapprove of “Disposing of used cloth or sanitary napkins by burning or burying them”? /“ekgokjh @mc ds diM+s dks tyk dj ;k ?kj vkSj [ksr ls nwj feV~Vh esa xkM+ dj fuiVkuk” D;k vkids leqnk; ds yksx bl ckr dks eatwjh nsrs gSa ;k ugh\	Approve/Eaktwjh	1	
		Disapprove/uk eatwjh	2	
F1	You mentioned that you APPROVE and your community APPROVES. Can you tell me the reason for your answer? vkius dgk vki Hkh eatwjh nsrh gS vkSj vkidk leqnk; Hkh eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			

F2	You mentioned that you DISAPPROVE but your community APPROVES. Can you tell me the reason for your answer? vkus dgk vki eatwjh ugha nsrh ysfdu vkidk leqnk; eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\		
F3	You mentioned that you APPROVE but your community DISAPPROVES. Can you tell me the reason for your answer? vkus dgk vki eatwjh nsrh gS ysfdu vkidk leqnk; eatwjh ugha nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\		

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO
F4	You mentioned that you DISAPPROVE and your community DISAPPROVES. Can you tell me the reason for your answer? vkus dgk vki Hkh eatwjh ugha nsrh vkSj vkidk leqnk; Hkh eatwjh ugha nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\		
702	ACTUAL BEHAVIOURS (Drying)/orZeku O;ogkj lq[kkuk		
A			
B	Do adolescent girls in your community ‘dry their menstrual cloth in the sun after washing with soap’? D;k vkids leqnk; dh fd'kksjh yMfd;ka“ ekgokjh@mc ds diM+s dks lkcqu vkSj ikuh ls /kksus ds ckn] mls ckgj /kwi esa lq[kkrh gS\ ”	Yes/gka	1
		No/ugha	2
C	Can you tell me the reason for your answer? vkidk ,slk dgus dk D;k dkj.k gS\		
D	What are some of the rewards of drying menstrual cloth in the sun after washing with soap? / ekgokjh@mc ds diM+s dks lkcqu vkSj ikuh ls /kksus ds ckn] mls ckgj /kwi esa lq[kkus ds D;k ykHk@Qk;ns gksrs gS\		
E	What are some of the punishments associated with drying menstrual cloth in the sun after washing with soap? / ekgokjh@mc ds diM+s dks lkcqu vkSj ikuh ls /kksus ds ckn] mls ckgj /kwi esa lq[kkus		

	Is D;k gkfu@uqdlku gksrs gS\		
702	ACTUAL BEHAVIOURS (Disposal) or Zeku O;ogkj ¼fuiVko½	F	
G	Do adolescent girls in your community “burn or bury used clothes or sanitary pads”? / D;k vkids leqnk; dh fd’kksjh yMfd;ka “bLrseky fd, gq, diM+s ;k ISfuVjh iSM dks tykrh ;k ?kj vkSj [ksr ls nwj fEkV~Vh esa xkM nsrh gSa”	Yes/gka	1
		No/ugha	2
H	Can you tell me the reason for your answer? vkids ,slk dgus dk D;k dkj.k gS\		
I	What are some of the rewards of burning or burying used clothes or sanitary pads? / bLrseky fd, gq, diM+s ;k ISfuVjh iSM dks tykus ;k ?kj vkSj [ksr ls nwj fEkV~Vh esa xkMus ls D;k ykHk@ Qk;ns gksrs gS\		

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
J	What are some of the punishments associated with burning or burying used clothes or sanitary pads? / bLrseky fd, gq, diM+s ;k ISfuVjh iSM dks tykus ;k fEkV~Vh esa nckus ls D;k gkfu@uqdlku gksrs gS\			
Taboos and Restrictions /ikacfn;kj				
703	APPROVAL/DISAPPROVAL (Restrictions)/Eaktwjh@uk eatwjh ¼ikacfn;kj½			
A	Do you approve or disapprove of ‘imposing restriction on girls during menstruation like not touching pickle or cooking’? / D;k vki ekgokjh@mc ds nkSjku yM+fd;ksa ij yxk;s tkus okys jksd Vksd dks eatwjh nsrs gSa ;k ugha \ tSls ¼vpkj ugha Nwuk ;k [kkuk ugha cukuk bR;kfn½	Approve/Eaktwjh	1	
		Disapprove/uk eatwjh	2	
B	Do you believe that others in the community approve or disapprove of ‘imposing restriction on girls during menstruation like not touching pickle or cooking’?	Approve/Eaktwjh	1	

	<p>/D;k vkids leqnk; ds vU; ykx ekgokjh@mc ds nkSjku yM+fd;ksa ij ij yxk;s tkus okys jkSD Vksd dks eatwjh nsrs gSa ;k ugha \ tSlS $\frac{1}{4}$vpkj ugha Nwuk ;k [kkuk ugha cukuk bR;kfn$\frac{1}{2}$</p>	Disapprove/uk eatwjh	2	
C1	<p>You mentioned that you APPROVE and your community APPROVES. Can you tell me the reason for your answer? vkius dgk vki Hkh eatwjh nsrh gS vkSj vkidk leqnk; Hkh eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\</p>			
C2	<p>You mentioned that you DISAPPROVE but your community APPROVES. Can you tell me the reason for your answer? vkius dgk vki eatwjh ugha nsrh ysfdu vkidk leqnk; eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\</p>			
C3	<p>You mentioned that you APPROVE but your community DISAPPROVES. Can you tell me the reason for your answer? vkius dgk vki eatwjh nsrh gS ysfdu vkidk leqnk; eatwjh ugha nsrk gSA vkidk ,slk dgus dk D;k dkj.k gS\</p>			
C4	<p>You mentioned that you DISAPPROVE and your community DISAPPROVES. Can you tell me the reason for your answer? vkius dgk vki Hkh eatwjh ugha nsrh vkSj vkidk leqnk; Hkh eatwjh ugha nsrk gSA vkidk ,slk dgus dk D;k dkj.k gS\</p>			

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
Taboos and Restrictions /ikacfn;kj				
703	APPROVAL/DISAPPROVAL (SOCIAL GATHERING)eatwjh @uk eatwjh¹/₄lekftd lekjsg¹/₂			
D	Do you approve or disapprove of girls 'attending a social function or gathering during menstruation' D;k ekgokjh@ MC ds nkSjku yM+fd;ksa dks lkekftd mRlo ;k lekjsg esa mifLFkr gksus dks vki eatwjh nsrs gSa ;k ugha\	Approve/Eaktwjh	1	
		Disapprove/uk eatwjh	2	
E	Do you believe that others in the community approve or disapprove of girls 'attending a social function or gathering during menstruation'? / D;k vkids leqnk; ds vU; yksx ekgokjh@MC ds nkSjku yMf+d;ksa dks lekftd mRlo ;k lekjsg esa mifLFkr gksus dhs eatwjh nsrs gSa ;k ugha\	Approve/Eaktwjh	1	
		Disapprove/uk eatwjh	2	
F1	You mentioned that you APPROVE and your community APPROVES. Can you tell me the reason for your answer? vkus dgk vki Hkh eatwjh nsrh gS vkSj vkidk leqnk; Hkh eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
F2	You mentioned that you DISAPPROVE but your community APPROVES. Can you tell me the reason for your answer? vkus dgk vki eatwjh ugha nsrh ysfdu vkidk leqnk; eatwjh nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
F3	You mentioned that you APPROVE but your community DISAPPROVES. Can you tell me the reason for your answer? vkus dgk vki eatwjh nsrh gS ysfdu vkidk leqnk; eatwjh ugha nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
F4	You mentioned that you DISAPPROVE and your community DISAPPROVES. Can you tell me the reason for your answer? vkus dgk vki Hkh eatwjh ugha nsrh vkSj vkidk leqnk; Hkh eatwjh ugha nsrk gS vkidk ,slk dgus dk D;k dkj.k gS\			
704				
	ACTUAL BEHAVIOURS (Restrictions)/orZeku O;ogkj ¹/₄ikacfn;kj¹/₂			

705	<p>Do adolescent girls in the community follow restrictions during menstruation like not touch pickle or cook'? D;k vkids leqnk; dh fd'kksjh yMfd;ka ekgokjh@MC ds nkSjku yxk;s tkus okys jksd Vksd dks ekurh gS ;k ugha\ tSlS ¼vpkj ugha Nwuk ;k [kkuk ugha cukuk bR;kfn½</p>	Yes/gka	1	
		No/ugha	2	

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO
706	Can you tell me the reason for your answer? vkidk ,slk dgus dk dkj.k D;k gS\		
707	What are some of the rewards of following restrictions during menstruation- like not touching pickle or cooking' / ekgokjh@MC ds nkSjku yxk;s tkus okys jksd&Vksd ls D;k ykHk ;k Qk;ns gksrs gS\ tSlS ¼vpkj ugha Nwuk ;k [kkuk ugha cukuk bR;kfn ½		
708	What are some of the punishments following restrictions during menstruation- like not touching pickle or cooking'? /ekgokjh@MC ds nkSjku yxk;s tkus okys jksd&Vksd ls ls D;k gkfu@uqdlku gksrs gS\		
709			
ACTUAL BEHAVIOURS (Social Gathering) or Zeku O;ogkj ¼lekftd lekjksg½			
710	Do adolescent girls in your community ' attend social functions or gatherings in the community during menstruation '? /D;k vkids leqnk; dh fd'kksjh yMfd;ka " ekgokjh@MC ds nkSjku lekftd mRlo ;k lekjksg esa mifLFkr gksrh gSa "	Yes/gka	1
		No/ugha	2
711	Can you tell me the reason for your answer? vkidk ,slk dgus dk dkj.k D;k gS\		

712	What are some of the rewards for attending social functions or gatherings in the community during menstruation"? / ekgokjh@mc ds nkSjku lkekftd mRlo ;k lekjksg esa mifLFkr gksus ds D;k ykHk@Qk;ns gksrs gS\	
713	What are some of the punishments for attending social functions or gatherings in the community during menstruation"? / ekgokjh@mc ds nkSjku lkekftd mRlo ;k lekjksg esa mifLFkr gksus ls D;k gkfu@uqdlku gksrs gS\	

Section 8: Ideal Plate ACTIVITY /vknZ’k Fkkyh (FLW ONLY)

Imagine this is the plate an adolescent girl uses for a typical meal at home. In other words: If one day I went to visit a house where an adolescent girl lives and she was just about to eat her main meal of the day, what food would I see on her plate? I’d like you to draw the foods that would be on her plate.

lksfp, fd ;g fd’kksjh yMdh dh jkstkuk dh Fkkyh gSa ftlesa og [kkuk [kkrh gSaA vxj ge muds ?kj esa dksbZ ,d fnu vkrs gSa tc og fd’kksjh yMdh viuk eq[; [kkuk [kk jgh gksxh rks ge mldh Fkkyh esa D;k&D;k ns[ksxsa\ ge pkgxsxa fd vki bl Fkkyh esa ogh [kkus dk fp= cuk;sa ;k fy[ksaA

INSTRUCTIONS: uZns’k%&

1. Give the plate to the respondent./mRRjnkÜkk dks lysV nsa
2. Ask her to draw or tell you the constituents of the meal./mudks cksys fd oks fd’kksjh yMdh ds eq[; [kkus ds inkFkksZ dk fp= cuk;sa ;k mudk uke crk;sa
3. Show her the pictures of Daal, Roti, Rice only when she mentions them./mudks vki vius lkFk yk, gq, nky] pkoy] jksVh ds rLohjksa dks rHkh nsa tc oks mudk uke ysa

Now imagine this is an ideal plate for an adolescent girl that is if she could eat the items that she does not get but she should be eating and the items that she wants to eat, then what would we see on her plate, please tell us/draw?

lksfp, fd ;g fd’kksjh yMdh ds vkn’kZ Hkkstu dh Fkkyh gSa eryc oks Hkkstu tks mldks [kkuk pkfg, tks mldks feyrk ugh gSa vkSj oks [kkuk tks oks [kkuk pkgrh gS vxj oks fn;k tk;s rks mldh Fkkyh esa D;k&D;k [kkuk ns[ksxsa oks lc vki gesa crk;sa@fp= cuk;sa\

Click Photo of both the everyday plate and the ideal plate and label them/

vkn’kZ Fkkyh vkSj eq[; Fkkyh dh rLohj [khpsa vkSj yscy djsaA

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO										
801	Which food items are there in the adolescent girl’s actual plate? / fd’kksjh yMfd;ksa dh jkstkuk Fkkyh esa [kkus dh D;k&D;k phtsa gksuh pkfg,\	<table style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: right; padding-right: 10px;">Rice/ pkoy</td><td style="text-align: center;">1</td></tr> <tr><td style="text-align: right; padding-right: 10px;">Chapatti/jksVh</td><td style="text-align: center;">2</td></tr> <tr><td style="text-align: right; padding-right: 10px;">Pulses/nky</td><td style="text-align: center;">3</td></tr> <tr><td style="text-align: right; padding-right: 10px;">Vegetables/lCth</td><td style="text-align: center;">4</td></tr> <tr><td style="text-align: right; padding-right: 10px;">Green leafy Vegetables/gjh iÜrsnkj</td><td style="text-align: center;">5</td></tr> </table>	Rice/ pkoy	1	Chapatti/jksVh	2	Pulses/nky	3	Vegetables/lCth	4	Green leafy Vegetables/gjh iÜrsnkj	5	
Rice/ pkoy	1												
Chapatti/jksVh	2												
Pulses/nky	3												
Vegetables/lCth	4												
Green leafy Vegetables/gjh iÜrsnkj	5												

		ICth	
		Fruits/Qy	6
		Chicken/fpdsu	7
		Meat/ehV	8
		Fish/eNyh	9
		Eggs/v.Mk	10
		Paneer/iuhj	11
		Butter/eD[ku	12
		Ghee/?kh	13
		Milk/ nq/k	14
		Curd/ngh	15
		Salad/lykn	16
		Same as daily plate/ jkstkuk Fkkyh tSlh	17
		Gram/puk	18
		Jaggery/ xqM+	19
		Sweets/ feBkbZ	20
		Paratha/ijkBk	21
		Puri/ iqjh	22
		Pickles/vpkj	23
		Halwa/gYok	24
		Kheer/ [khj	25
		Any other (specify)/vU; fy[ksa _____	

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
802	Which food items are there in the adolescent girl's ideal plate?/ fd"kksjh yMfd;ksa dh vknZ"k Fkkyh esa [kkus dh D;k&D;k phtsa gksuh pkfg,\	Rice/ pkoy	1	
		Chapatti/jksVh	2	
		Pulses/nky	3	
		Vegetables/ICth	4	
		Green leafy Vegetables/gjh iÜrsnkj ICth	5	
		Fruits/Qy	6	
		Chicken/fpdsu	7	
		Meat/ehV	8	
		Fish/eNyh	9	
		Eggs/v.Mk	10	
		Paneer/iuhj	11	
		Butter/eD[ku	12	
		Ghee/?kh	13	
		Milk/ nq/k	14	
		Curd/ngh	15	
		Salad/lykn	16	
		Same as daily plate/ jkstkuk Fkkyh tSlh	17	

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		Gram/puk	18	
		Jaggery/ xqM+	19	
		Sweets/ feBkbZ	20	
		Paratha/ijkBk	21	
		Puri/ iqjh	22	
		Pickles/vpkj	23	
		Halwa/gYok	24	
		Kheer/ [khj	25	
		Any other (specify)/vU; fy[ksa _____		
807F, 808F, 809F				
803	What actions can you take to ensure that her actual food plate becomes more like your ideal plate for her? / vki D;k dne mBk ldrs gSa ;g lqfuf'pr djus ds fy, fd mldh jkstkuk dh Fkkyh mldh vknZ'k Fkkyh tSlh cu lds\			

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO
804	Which food items are there in her actual plate during menstruation?/ vkids vuqlkj ekgokjh@MC ds le; mldh jkstkuk dh Fkkyh esa [kkus dk D;k&D;k gksrk gS\	Rice/ pkoy	1
		Chapatti/jksVh	2
		Pulses/nky	3
		Vegetables/ICth	4
		Green leafy Vegetables/gjh iÜrsnkj ICth	5
		Fruits/Qy	6
		Chicken/fpdsu	7
		Meat/ehV	8
		Fish/eNyh	9
		Eggs/v.Mk	10
		Paneer/iuhj	11
		Butter/eD[ku	12
		Ghee/?kh	13
		Milk/ nq/k	14
		Curd/nggh	15
		Salad/lykn	16
		Same as daily plate/ jkstkuk Fkkyh tSIh	17
		Gram/puk	18
		Jaggery/ xqM+	19
		Sweets/ feBkbZ	20
		Paratha/ijkBk	21
		Puri/ iqjh	22
		Pickles/vpkj	23
		Halwa/gYok	24
		Kheer/ [khj	25
Does not Change/ugha cnyrh	99		
Any other (specify)/vU; fy[ksa			
805	Which food items should be there in her ideal plate during menstruation? / vkids vuqlkj ekgokjh@MC ds le; mldh vknZ'k Fkkyh esa [kkus dks D;k&D;k gksrk gS\	Rice/ pkoy	1
		Chapatti/jksVh	2
		Pulses/nky	3
		Vegetables/ICth	4
		Green leafy Vegetables/gjh iÜrsnkj ICth	5
		Fruits/Qy	6
		Chicken/fpdsu	7
		Meat/ehV	8
		Fish/eNyh	9
		Eggs/v.Mk	10
		Paneer/iuhj	11

		Butter/eD[ku	12	
		Ghee/?kh	13	
		Milk/nq/k	14	
		Curd/nggh	15	
		Salad/lykn	16	
		Same as daily plate/ jkstkuk Fkkyh tSh	17	
		Gram/puk	18	

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
		Jaggery/ xqM+	19	
		Sweets/ feBkbZ	20	
		Paratha/ijkBk	21	
		Puri/ iqjh	22	
		Pickles/vpkj	23	
		Halwa/gYok	24	
		Kheer/ [khj	25	
		Any other (specify)/vU; fy[ksa		
806	Who decides how much and what an adolescent girl eats? ;g dkSu fu/kkZfjr djrk gS fd fd"kksjh yMfd;ksa dks D;k vkSj fdruh ek=k esa [kkuk pkfg, \	A.What dkSu ;g r; djrk gSa D;k [kk,sa		
		B.How much dkSu ;g r; djrk gSa fdruk [kk,sa		

SECTION 9: IDEAL TOILET (ONLY FOR TEACHERS)
vknZ’k ‘kkSpky; ¼fIQZ TEACHERS ds fy,½

We’ve talked a lot about requirements during adolescence. We understand that having a toilet can make their life easier, especially when they is menstruating. Here’s is an image of an ideal toilet.

geus bruh nsj c<+rh mez esa D;k&D;k t:jrs gSa bl ckjs esa ckrphr dhA ge tkurs gSa fd Ldwy esa ‘kkSpky; gksus ls mudks ekgokjh@mc ds nkSjku dkQh enn fey tk;sxhA ;g ,d vkn’kZ ‘kkSpky; dh rLohj gSaA

Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES		GO TO
901	Do you have a toilet at school? D;k vkids Ldwy esa ‘kkSpky; gSa\	Yes/gkj	1	905
		No/ugha	2	
902	Click Photo with permission/ vuqefr ysdj QksVks [khaps vkSj yscy djsaA			
903	IF you have a toilet is there anything in the picture that your toilet does not have? vxj vkids Ldwy esa ‘kkSpky; gSa rks bl rLohj esa ,slk D;k gS tks vkids ‘kkSpky; esa ugha gS\	Pot/ikSV	1	
		Soap/lkcqu	2	
		Door/njoktk	3	
		Dustbin/dwM+snku	4	
		Ventilation/jks’kunku	5	
		Bucket/ckYVh	6	
		Mug/ex	7	
		Any other (specify)/vU; fy[ksa _____		
904	IF you have a toilet is there anything in your toilet that is not in the picture? D;k vkids ‘kkSpky; esa ,slk dqN gS tks bl rLohj esa ugha gS\	Pot/ikSV	1	
		Soap/lkcqu	2	
		Door/njoktk	3	
		Dustbin/dwM+snku	4	
		Ventilation/jks’kunku	5	
		Bucket/ckYVh	6	
		Mug/ex	7	
		Tap water/uy dk ikuh	8	
		Handpump/pkikdy	9	
		Privacy/futh txg	10	
		Light/fctyh	11	
		Cleaning materials (broom, phenyl, etc.) IQkbZ lkexzh ¼>kMw] fQuk;y] vkfn½	12	

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		Any other (specify)/vU; fy[ksa _____		
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Q.NO	QUESTIONS AND FILTER	CODING CATEGORIES	GO TO
905	If your school were constructing/renovating a toilet, how would it be the same as this one? / vxj vki vkidk Ldwy ,d 'kkSpky; cuokrk gSa ;k ejEer djrk gS rks mlesa vki D;k& D;k lqfo/kk;s pkgxsxa\	Pot/ikSV	1
		Soap/lkcqu	2
		Door/njoktk	3
		Dustbin/dwM+snku	4
		Ventilation/jks'kunku	5
		Bucket/ckYVh	6
		Mug/ex	7
		Tap water/uy dk ikuh	8
		Handpump/pkikdy	9
		Privacy/futh txg	10
		Light/fctyh	11
		Cleaning materials (broom, phenyl, etc.) IQkbZ lkexzh ¼>kMw] fQuk;y] vkfn½	12
Any other (specify)/vU; fy[ksa _____			
906			
907	If you don't have an IDEAL toilet what actions can you take to get one constructed? vxj Ldwy esa vkn'kZ 'kkSpky; ugha gSa rks vki mls cuokus ds fy, D;k djsaxs\ (Probe for Incinerator if not mentioned) ¼HkÍh ds ckjs esa iwNsa½		
908-911			

That is all the questions we have for today. I hope you have enjoyed answering these questions. Is there anything else you would like to add before we wrap this up?

vkt ds fy, gekjs ikl ;gh lc loky FksA eq>s vk'kk gS fd bu lokyksa dk tokc nsus esa vkus vkuaUn fy;k gksxkA bls lelr djus ls igys D;k vki dqN vkSj tksM+uk pkgсах\

INTERVIEWER INFORMATION			
1.	Name and code of Interviewer Lkk{kkRdkjdrkZ dk uke vkSj dksM+	Name _____	□ □
2.	Name and code of the supervisor i;Zos{kd dk ukevSj dksM+	_____	
3.	Date of interview Lkk{kkRdkjdrkZ dh rkjh[k	Date _____	Day / Month / Yr □ □ □

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Accompanied	Y	N	
Back Checked	Y	N	
Scrutinized	Y	N	

END
iz'u [kRe
