

**TJ Project**  
**IN-DEPTH INTERVIEW GUIDE**  
**MEN'S FORM**

<b>SECTION 1: BACKGROUND</b>	
<p><b>Age:</b></p> <p><input type="checkbox"/> 18-24  <input type="checkbox"/> 25-29  <input type="checkbox"/> 30-39  <input type="checkbox"/> 40-44</p> <p><b>Ethnicity:</b></p> <p><input type="checkbox"/> Adja (or related)  <input type="checkbox"/> Fon (or related)  <input type="checkbox"/> Other (please specify) _____</p> <p><b>Religion:</b></p> <p><input type="checkbox"/> Traditional  <input type="checkbox"/> Christian  <input type="checkbox"/> Muslim  <input type="checkbox"/> None  <input type="checkbox"/> Other (please specify) _____</p> <p><b>Principal source of income:</b></p> <p><input type="checkbox"/> Agriculture  <input type="checkbox"/> Small business  <input type="checkbox"/> Wife  <input type="checkbox"/> Civil servant/local government  <input type="checkbox"/> Artisanal  <input type="checkbox"/> Other (please specify) _____</p>	<p><b>Level of education:</b></p> <p><input type="checkbox"/> Primary  <input type="checkbox"/> Secondary 1 (middle school)  <input type="checkbox"/> Secondary 2 (high school)  <input type="checkbox"/> Higher</p> <p><b>Preferred language for the interview:</b></p> <p><input type="checkbox"/> Adja (or related)  <input type="checkbox"/> Fon (or related)  <input type="checkbox"/> French  <input type="checkbox"/> Other (please specify) _____</p> <p><b>In the village, would you say you...</b></p> <p><input type="checkbox"/> Are very connected (influencer)  <input type="checkbox"/> Connect groups of people (connectors)  <input type="checkbox"/> Are not as connected as other members of the community (isolated)</p> <p><b>Statut de besoin en PF:</b></p> <p><input type="checkbox"/> No need (wants a child, pregnant; no sexual relations)  <input type="checkbox"/> Met need (uses a modern or traditional method)  <input type="checkbox"/> Unmet need (does not want a child, but not currently using a method)</p>
1.1	Can you tell me who is in your household (spouse, children, adopted children, other family members)?
1.2	Can you tell me who are other important people outside your household (friends, brothers, other family members, etc.)?

## SECTION 2: FP ATTITUDES

2.1	<p>What comes to mind when I say family planning, birth spacing, injectables, condoms, or pills?</p> <ol style="list-style-type: none"><li>Tell me more.</li><li>What “type” of a woman uses family planning?</li><li>What “type” of a man uses family planning?</li><li>Is there anything that scares you about using family planning (e.g., side effects, other people’s perceptions)?</li><li>What are some reasons why it might be good to use family planning?</li></ol>
2.2	<p>Are your wife’s opinions about FP the same or different than yours? Tell me more.</p> <ol style="list-style-type: none"><li>How do you know this?</li><li>[If opinions differ:] <i>Why do you think your opinions are different? How do you feel about that? How do you handle the disagreement?</i></li></ol>
2.3	<p>What do people who are close to you think about child spacing? What do they think about women who take measures to avoid pregnancy, for example, using a family planning method?</p> <ol style="list-style-type: none"><li>How do you know they think these things? (Ask follow-up questions about non-verbal indicators, for example, if they roll their eyes, remain silent, etc.)</li><li>[If opinions differ:] <i>Why do you think your opinions are different? Do you discuss your differences in opinion? How do you handle the disagreement?</i></li></ol>
2.4	<p>If you (or your wife) wanted to use a family planning method, where would you go to find out more?</p> <ol style="list-style-type: none"><li>Where would you go to obtain the method? Why would you go there rather than somewhere else?</li><li>Is it possible for a married woman to obtain a family planning method at a health center without her husband’s consent? How do you know this?</li></ol>
2.5	<p><i>Show the participant cards with images of family planning methods. Then say:</i></p> <p>I’d like you to sort these family planning methods into three piles: methods you like, methods you don’t like, methods you don’t know about.</p> <ol style="list-style-type: none"><li>[Methods he likes:] What do you like about these methods?</li><li>[Methods he doesn’t like:] What don’t you like about these methods?</li><li>[Methods he doesn’t know:] Would you like to know more about one of these methods? What do you want to know about them?</li></ol>

SECTION 3: UNMET NEED	
3.1	<p>Would you like your wife to become pregnant in the next 12 months?</p> <ol style="list-style-type: none"> <li>a. Why?</li> <li>b. What does your wife think about this?               <ol style="list-style-type: none"> <li>i. Do you talk about this directly? What triggers the conversation?</li> <li>ii. If you do not speak about it, how do you know what she thinks?</li> </ol> </li> </ol> <p>[If opinions differ: <i>Why do you think your opinions are different? How do you feel about that? How do you handle the disagreement?</i>]</p>
3.2	<p>What do the other people in your life (for example, your father brothers, uncles, friends, etc.) think about your desire to [wait to] become pregnant?</p> <ol style="list-style-type: none"> <li>a. How important is their opinion to you?</li> </ol>
3.3	<p>[If he does not want his wife to become pregnant in the next 12 months] Are you (or your wife) currently doing something to avoid getting pregnant?</p> <p><input type="checkbox"/> No → Go to question 3.4</p> <p><input type="checkbox"/> Yes → continue with the below questions</p> <ol style="list-style-type: none"> <li>a. What method are you using? Why this method? How satisfied are you with this method?</li> <li>b. What prompted you to start using?</li> <li>c. Where did you get information?</li> <li>d. Who did you go to for advice and/or services?</li> <li>e. Did you discuss with your wife or family before starting?</li> <li>f. Does your wife know you are using? If not, how do you conceal it from her? What do you think she would do if she found out?</li> </ol>
3.4	<p><b><u>FOR MEN WISHING TO AVOID PREGNANCY BUT NOT USING A METHOD:</u></b></p> <p>Since you said you would like to avoid pregnancy right now, can you tell me why you are not using a family planning method?</p> <ol style="list-style-type: none"> <li>a. <i>Probe:</i> Concerns about negative consequences (side effects)? Religious reasons?</li> <li>b. Who influenced your decision not to use a family planning method right now? Anybody else? (Keep asking “Anybody else” until respondent has no other names.)</li> <li>c. [If they mention <i>God’s will</i>]: Tell me more about that.       <ol style="list-style-type: none"> <li>i. Do you believe that God prohibits the use of family planning methods? All methods, or just some? Which ones? Why are these prohibited and others okay? What would you think about using one of the methods you believe you are permitted to use?</li> <li>ii. Some people say that even if they use family planning methods, God’s plan will still be enacted. What do you think about that?</li> <li>iii. Do you think a good [Christian / Muslim / other] can use family planning?</li> </ol> </li> </ol>

- iv. When you say “God’s will” do mean that how many children you have and when you have them is not up to you and your husband to decide? What role do you think couples have in deciding the number and timing of their children?
- v. What does your religious leader say about the use of family planning methods? What do you think about this?

**SECTION 4: GENDER ATTITUDES**

4.1

**SAY:** We are going to start by playing a quick game. In the next five minutes, I am going to say a phrase and I want you to tell me everything that comes to your mind when you hear it. You don’t need to think hard, just say whatever comes to mind. There are no wrong or right answers. I’m going to write down each idea on a piece of paper for the next activity.

- a. What words come to mind when I say **IDEAL MAN**?

*Probe:* What is an ideal man like? What does he look like? What does he sound like? What do you think about this kind of man?

- a. What words come to mind when I say **IDEAL WOMAN**?

*Probe:* What is an ideal woman like? What does she look like? What does she sound like? What do you think about this kind of woman?

***Once the participant has stopped thinking up new words, place a picture of a man, a picture of a woman and a picture of a man and a woman in front of the participant. Place the Ideal Man Sheet above the picture of the man and the Ideal Woman Sheet above the picture of the woman. Then take the cards you brought with words already written on them below.***

***ASK:*** I have a few more words to remind you in case you have forgotten anything. Do you think any of these words apply to an ideal man or woman? I will add the ones you want to the pile. If there is a word that can be applied to both sexes, I will put the word under the photo of the man and the woman. We don’t have to use all the words if you don’t want; the others, I will put to the side. You have three minutes- don’t take too much time to think about it.

**READ EACH WORD OUT LOUD.**

NB: After the exercise, be sure to note the words in each pile chosen by the participant.

**After the participant finishes, ASK:**

- a. **POINT TO THE MALE PILE.** Can you explain to me why you decided to put these cards in the man pile? Why do you think they go in this pile rather than in the pile for women or in the pile for both genders?
- b. **POINT TO THE WOMAN PILE.** Can you explain to me why you put these cards in the woman pile? Why do you think they go in this pile rather than in the pile for men or in the pile for both genders?

	c. <b>POINT TO THE BOTH PILE.</b> Ok- now why do the cards in this pile apply to men and women?
<b>SECTION 5: COUPLE COMMUNICATION &amp; DECISION-MAKING</b>	
5.1	<p>In your opinion, is it acceptable for couples (husbands and wives) to discuss how many children they want to have or use of a FP method?</p> <ul style="list-style-type: none"> <li>a. If this is not acceptable, is there an acceptable way for women to talk to their husbands about this indirectly? (<i>specify for both topics- discussion about the number of children and discussion about FP</i>)</li> <li>b. Is there anyone else who can discuss these topics with men on their wives' behalf? (<i>specify for both topics- discussion about the number of children and discussion about FP</i>)</li> </ul>
5.2	<p><i>Show the participant a drawing of a couple.</i></p> <p>SAY: This is a woman and her husband. The woman is interested in using family planning, and she is talking to her husband about it. I'm going to ask you a few questions.</p> <p>ASK:</p> <ul style="list-style-type: none"> <li>1. What might the woman be saying?</li> <li>2. What is the woman thinking but not saying?</li> <li>3. What is her husband thinking?</li> <li>4. What could the husband be saying?</li> <li>5. Who are the people in the couple's life who could intervene?</li> </ul>
5.3	<p>Have you ever discussed with your wife the number or timing of pregnancies you would like to have? Tell me more.</p> <ul style="list-style-type: none"> <li>a. How did the topic come up?</li> <li>b. How did you feel about the conversation?</li> </ul>
5.4	<p>Have you ever discussed with your wife what to do to achieve the number and timing of the pregnancies you would like to have?</p> <p>If not, why not?</p> <p>If so, what did you talk about?</p> <ul style="list-style-type: none"> <li>a. How did you feel about the conversation?</li> <li>b. Who made the final decision? How did you come to that conclusion?</li> </ul>

SECTION 6: SELF-EFFICACY	
6.1	<p>Do you think you have enough information to make a decision about family planning?</p> <p>Do you have enough information to use family planning?</p> <ol style="list-style-type: none"> <li>a. Can you tell me why you say that?</li> <li>b. What else would you like to know?</li> </ol>
6.2	<p><i>Show participant picture of worried woman.</i></p> <p>SAY: Here is [NAME]. She has three children, ages 5, 2, and the baby is 9 months old. She is worried about becoming pregnant again because she doesn't feel strong enough right now to care for another baby.</p> <ol style="list-style-type: none"> <li>a. What is she thinking about?</li> <li>b. Who would she talk to? What would she ask that person? How might that person respond?</li> </ol>
6.3	<p>If you wanted to use a family planning method, how easy or difficult would it be for you to do so? Why do you say that?</p> <ol style="list-style-type: none"> <li>a. What would make it easier for you to use a method? Tell me more.</li> <li>b. What would make it more difficult? (Probe: transportation issues, method-related problems, spousal disapproval, money to purchase the method, etc.)</li> <li>c. If those problems were resolved, do you think it would still be difficult to use FP?</li> </ol>
SECTION 7: SOCIAL NETWORKS	
7.1	<p>Can you describe a discussion that you've had in the last 3 months about what it means to be an ideal man or an ideal woman.</p> <ol style="list-style-type: none"> <li>a. Who did you speak with?</li> <li>b. What did you talk about?</li> <li>c. How did the topic come up/who brought it up?</li> <li>d. How did you feel about the conversation?</li> </ol>
7.2	<p>In the past 3 months, have you discussed family planning or the number of children (you would like to have) and when you would like to have them?</p> <p><i>If no:</i> Why do you think you haven't discussed this topic?</p> <p><i>If yes:</i></p> <ol style="list-style-type: none"> <li>a. Who have you spoken with? <i>Probe for: brothers, uncle, father, friends. If he doesn't mention his wife, ask, why not.</i></li> <li>b. What did you talk about?</li> <li>c. How did the topic come up/who brought it up?</li> </ol>

	d. How did you feel about the conversation?
7.3	In the past 3 months, have you asked anyone for advice about family planning? a. Who did you ask? b. Why did you ask this person in particular? c. What did they say? d. What did you think about their advice?
7.4	In the past 3 months, have you given advice about family planning to anyone? Describe what happened. a. Who? b. Did they ask you for advice? What did they ask? Why do you think they asked <u>you</u> ? c. Did you give them advice even if they didn't ask? How did the conversation come up? d. What did you tell them? What did they think about your advice?
7.5	In the past 3 months, did you hear someone say something about family planning that you thought was incorrect or that you did not agree with? a. What were they saying? b. How did you respond to the person? i. [If participant did not respond:] Why didn't you say anything?
7.6	What social groups do you participate in (e.g., AVEC, agricultural associations, sport or religious groups)? a. In these groups, have you ever talked about things like the number of children you would like to have and when you would like to have them? Or about how to avoid pregnancy? i. What did you talk about? ii. How did the topic come up/who brought it up? iii. In which groups, specifically, do you talk about these things? iv. How often do you talk about these things? v. How did you feel about the discussion? vi. Do you feel comfortable discussing these topics openly in these groups? Why or why not? vii. Did you talk about this with others after the group meeting?
7.7	In the past 3 months, have any religious or community leaders (need to identify by name) talked about family planning? a. What did they talk about? b. Where did they talk about it?

	<ul style="list-style-type: none"> <li>c. How did you hear about it?</li> <li>d. What do you think about what they said?</li> <li>e. Did you talk about it with others?</li> </ul>
7.8	<p>In the past 3 months, have you ever talked about family planning with any health care providers (if possible, use specific name) or community health workers?</p> <p>If not, why not?</p> <p>If so, tell me more:</p> <ul style="list-style-type: none"> <li>a. Who did you talk to?</li> <li>b. What did you talk about?</li> <li>c. What did you think about it?</li> <li>d. Did you talk about it with others?</li> </ul>
7.9	<p>In the past 3 months, have you ever heard any radio broadcasts where family planning or the number and timing of pregnancies was discussed?</p> <ul style="list-style-type: none"> <li>a. What did you hear?</li> <li>b. What station/program did you hear it on?</li> <li>c. What did you think about it?</li> <li>d. Did you talk about it with others?</li> </ul>